

The Transpersonal Journey

(created by Nigel B. Patterson)

1. Exploring the Landscape

- The perceived issue, problem or opportunity
- Mapping the Terrain
- The *real* issue revealed
- The Tribal environment (for teams)

2. Breaking the Patterns

- Constraints and negative beliefs
- Creating a new vision
- Attaining clarity

4. Consolidation

- Resolution & integration
- Review

**"I am,
we are"**

3. The Transpersonal Journey

- Preparing to journey
- Developing a metaphor
- The Journey