



WORLD HARMONY & HEALING CHALLENGE 2021

		PART ONE - DECODE YOUR LIFE	PART TWO - RECODE YOUR FUTURE
		MIND & BODY	MINDFULNESS & LIFE TOOL
WEEK STARTING	UP TO 30 MINS		UP TO 30 MINS
20 September	ADMIN PAPERWORK		
1	27 September	PREP One (1 hour) - Fix It List	
2	4 October	Pillar One - Stress to Peace	Meditation & Manifestations
3	11 October	Pillar Two - Fear to Love	Meditation & Mind Sealing
4	18 October	Pillar Three - Disconnected to Connected	Meditation & Manifestations
5	25 October	Pillar Four - Imbalance to Balanced	Meditation & Body Sealing
6	1 November	PREP Two (1 hour) Fix-It-List & Progress Report	
7	8 November	Pillar Five - Impurity to Purity	Meditation & Positivity Exercise
8	15 November	Pillar Six - Blocked to Experiencing	Meditation & Soul Sea
9	22 November	Pillar Seven - Negative to Positive	Meditation & Gratitude Exercise
10	29 November	Pillar Eight - Illusion to Truth	Meditation & Release Sealing
11	6 December	Pillar Nine - Past to NOW	Tipping Point Awareness
12	13 December	PREP Three (1 hour) Fix It List & Progress Report	

Notes

1. The aim is for all practitioners to do their appointments within the week set.
2. The Practitioners to have an eager adult to be the surrogate.
3. The Fix-It-List to be general. It is more about the Pillars and messages.
4. The AIM – Peace, Purpose and Prosperity for ALL across the world.
5. This can be used as a client for Licencing purposes.
6. Each Friday at 4pm will be a Healing Happy Hour to support this challenge.
7. World = ALL, Earth, Mankind, Plants, Animals
Harmony = Mind; Healing = Body; Challenge = Soul

