

ROCK RHYTHM 2 BEGINNER

1

1 H/B and H 2 H/S and H 3 H/B and H 4 H/S and H

Detailed description: This exercise is on a single musical staff. It consists of four measures. Measure 1: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 2: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 3: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 4: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Above the staff, the notation '1 H/B and H 2 H/S and H 3 H/B and H 4 H/S and H' is written, where 'H/B' and 'H/S' are positioned above the first and third notes of each measure, and 'and H' is positioned above the second and fourth notes of each measure. There are 'x' marks above the first and third notes of each measure, and 'x' marks above the second and fourth notes of each measure.

2

1 R/B and R 2 R/S and R 3 R/B and R 4 R/S and R

Detailed description: This exercise is on a single musical staff. It consists of four measures. Measure 1: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 2: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 3: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 4: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Above the staff, the notation '1 R/B and R 2 R/S and R 3 R/B and R 4 R/S and R' is written, where 'R/B' and 'R/S' are positioned above the first and third notes of each measure, and 'and R' is positioned above the second and fourth notes of each measure. There are 'x' marks above the first and third notes of each measure, and 'x' marks above the second and fourth notes of each measure.

3

1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and
H/B H H/S H H/B H H/S H H/B H H/S H

Detailed description: This exercise is on a single musical staff. It consists of four measures. Measure 1: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 2: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 3: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 4: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Above the staff, the notation '1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and' is written, where 'H/B', 'H', 'H/S', and 'H' are positioned above the first, second, third, and fourth notes of each measure respectively. There are 'x' marks above the first and third notes of each measure, and 'x' marks above the second and fourth notes of each measure.

1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and
R/B R R/S R R/B R R/S R R/B R R/S R

Detailed description: This exercise is on a single musical staff. It consists of four measures. Measure 1: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 2: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 3: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Measure 4: Quarter note on the second line (G4), quarter rest, quarter note on the second line (G4), quarter rest. Above the staff, the notation '1 and 2 and 3 and 4 and 1 and 2 and 3 and 4 and' is written, where 'R/B', 'R', 'R/S', and 'R' are positioned above the first, second, third, and fourth notes of each measure respectively. There are 'x' marks above the first and third notes of each measure, and 'x' marks above the second and fourth notes of each measure.

4

1 C/B and 2 H/S and 3 H/B and 4 H/S and

H H H H

5

1 C/B and 2 R/S and 3 R/B and 4 R/S and

R R R R

Songs suggested for this rhythm

Jeremy Camp - Can't Be Moved
 In the Blink of an Eye - MercyMe
 Jeremy Camp - Finally Home
 Kutless - Chance of a Lifetime
 Kutless - This Is Love
 Hawk Nelson- Love Like That
 Royal Tailor - Making Me New
 OBB - Sweater
 Toby Mac-Burn for you
 Hollyn - Love with Your Life
 Colton Dixon - Brand New Life
 Hawk Nelson - Sold Out
 Skillet - Never Surrender
 Michael Jackson - Billie Jean
 Michael Jackson - Remember the Time
 Michael Jackson - P.Y.T
 Michael Jackson - Beat it

Michael Jackson - Blood on the Dance Floor
 Michael Jackson - Hollywood Tonight
 Tori Kelly - Eyelashes
 The Calling - Believing
 John Mayer - Your Body is a Wonderland
 John Mayer - Hopeless
 John Mayer - Slow Dancing in a Burning Room
 John Mayer - My Stupid Mouth
 John Mayer - Queen Of California
 John Mayer - Heartbreak Warfare
 John Mayer - No such Thing
 Adele - Rolling in the Deep
 TobyMac - Feel it
 Play-along tracks - daviddias.com - play-alongs