
Woman of Greatness

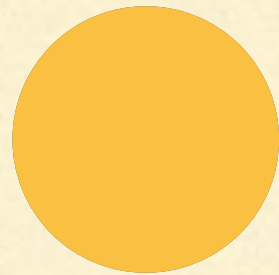
Learning from great women how to create a great life

Woman of Greatness



Learning to create a great life from great women

NURTURER LIKE
CLARA BARTON



NURTURER Outward Appearance

- Eyes that are hazel or brown
- Hair that is golden blonde or brown
- A round face with full or rounded lower cheeks
- Skin that has a yellow or brown tone
- Generous sized mouth or full lips
- Eyebrows that have a gentle rounded arch
- Body that has roundness & a round stomach
- Large breasts for women or large muscles for men
- Thick calves
- Wide or undefined waistline
- Fleshy upper arms
- Sturdy or solid build
- Huggable teddy bear look
- Melodious voice
- Slow and sure body movements
- Double chin
- Short stature
- Any weight gain happens around the middle

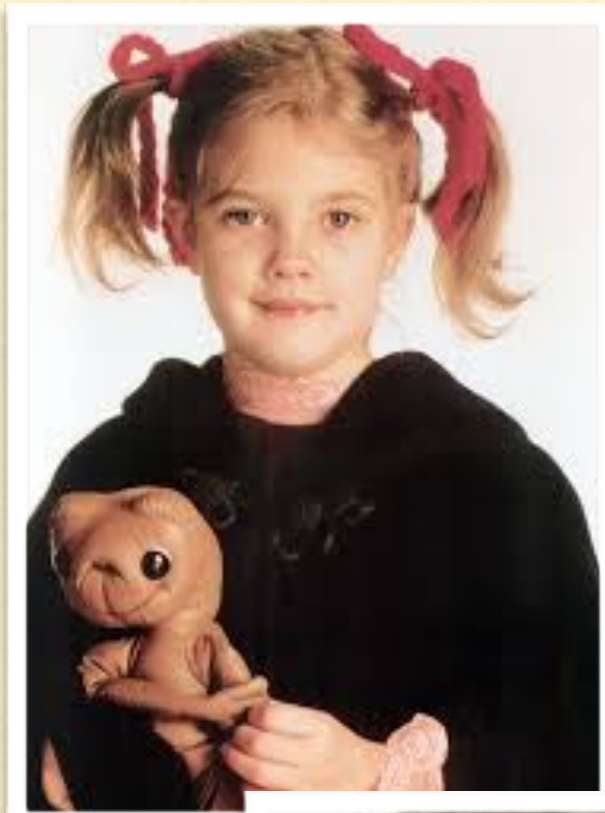


Famous Faces with **NURTURER** Features

Oprah Winfrey



Famous Faces with **NURTURER** Features

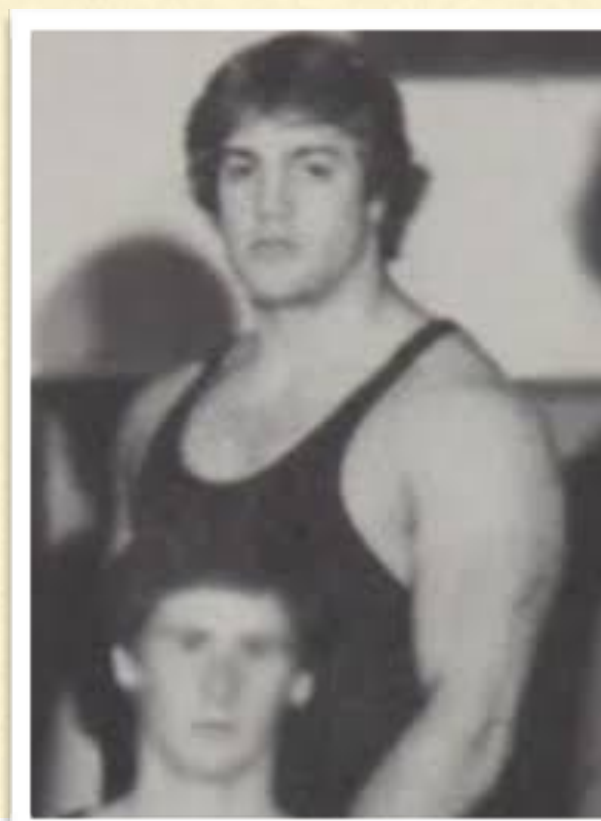


Drew Barrymore

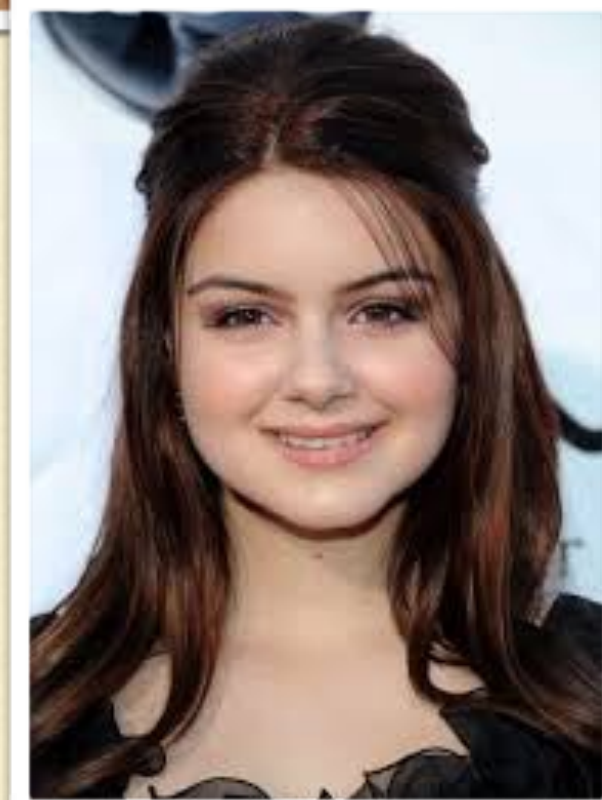
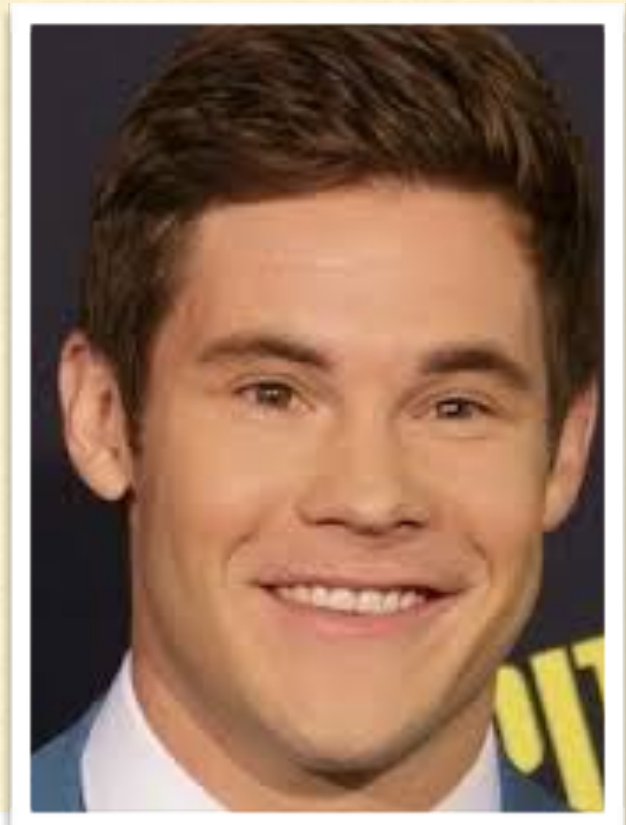


Famous Faces with **NURTURER** Features

Kevin James



Famous Faces with **NURTURER** Features



NURTURER Inner Characteristics

Assets

- Giving, helpful, caring and sympathetic
- Diplomatic, tolerant and supportive
- Friendly, thoughtful and kind
- Loyal, dependable, reliable and trustworthy
- A best friend or mother who has great strength
- A peacemaker who is committed and stable
- Loves family traditions and routines
- Loves working with others on teams or as partnerships
- Love to be in their cozy home visiting with friends
- Love to cook or garden and are always trying to feed or serve others.
- Favorite season is autumn with the abundant fall harvest and colors
- Loves crafts, sewing, photo albums, and collecting things
- Conservative and likes security rather than change.



NURTURER'S Challenges

- Worries a lot, is anxious and tends to nag
- Is overprotective and doesn't do well with change
- Is indecisive and can be dependent on others
- Has lots of mental chatter or feels stuck and stagnant
- Has a hard time letting go of relationships or hurt feelings
- Is over involved in others lives and forgets to take care of themselves or set boundaries
- They need to be with people and may come across as needy



THE NURTURER'S STYLE



- Loves to be helping or caring for other's physical or emotional needs
 - Loves to garden or cook and feed others whenever they come to visit
 - Enjoys arts & crafts, scrapbooking, or collecting things
 - Prefers to sit and be cozy with their favorite things around them or loves to be with friends and family
 - Will live somewhere with a view of mountains, a field, garden, or orchard
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The **NURTURER'S** Decorating Style

- Cozy home decor such as arts & craft style or country style
- The kitchen is used often and will have food displayed in it
- The TV room with overstuffed furniture and everything within arms reach is a must
- Walls are often decorated with family photos
- The front porch & door are usually decorated for the season with fall being the favorite



The **NURTURER'S** Clothing Style

- Comfortable loose clothing feels best and doesn't draw attention to the waist
- Practical clothes that are easy to move in are more important than style or high fashion
- Colors are warm earth tones such as yellow, beige, tan, brown, and corals
- Shoes are comfortable tennis shoes or round toed flats
- Hair is often short and easy to care for

The **NURTURER'S** Life Style



- Professions include administration, customer relations, healthcare, working with children, or any kind of teamwork.
- Exercises aren't enjoyed but a walk with good friends is food for the soul as well as sitting in the mountains and enjoying nature.
- Loyal, reliable and finishes projects while supporting others.
- Loves to work in teams and partnerships and is a trusted friend who serves and cares for others.

WORKING & LIVING WITH NURTURERS

- You want a Nurturer on your team because they are loyal, dependable, trustworthy and finish up projects.
 - Having a Nurturer as a best friend will mean you have a friend for life.
 - Nurturer's love to sit and relax or work on their favorite hobbies, but some gentle coaxing can get them outside to take a walk with friends and enjoy nature.
 - Give a Nurturer predictability, security, a stable family life with lots of love and lots of time to be with their friends.
 - Help a Nurturer have confidence to make decisions, learn to set boundaries and take care of their own needs so they don't wear themselves out with worry from taking care of others.
 - Let a Nurturer care for and help people as they make life better for everyone & love their GREATNESS!
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NURTURERS All Around You

- Remember, even if you aren't a Nurturer, your spouse, child, friend, parent, co-worker, or neighbor might be.
- Instead of focusing on how their differences may irritate you, focus on how their kindness & caring makes the world a better place.
- Be patient, loving & kind as you come to appreciate their **GREATNESS!!**