

DERM & MSK REVIEW



DAY 1

Dermatology and Exanthems

Total Duration: 44 minutes, 36 seconds

- Overview (3:36)
- Approach to Urticaria (8:37)
- Dermatology Nomenclature (4:45)
- Plaques (3:51)
- Viral & Bacterial Exanthems (7:21)
- Rubella (3:01)
- Measles (2:39)
- Roseola (0:31)
- Erythema Infectiosum (5:05)
- Systemic Manifestations of Herpes (3:10)
- Varicella Infections on USMLE (2:00)

Suggested Study Duration:

- Watch all the listed videos.
- Spend an additional 20 minutes reviewing the 100 Concepts in Gross Anatomy for the USMLE Step 1 - PDF Handout.

DAY 2

Infections, Rashes, and MSK Review

Total Duration: 16 minutes, 12 seconds

- Erysipelas vs Cellulitis (1:29)
- Staph and Strep Infections (2:57)
- Nikolsky Sign Manifestations for the USMLE (3:36)
- Neonatal Rashes (2:34)
- Precursor Lesions to Neoplasia (3:17)
- Summary (2:19)

Suggested Study Duration:

- Watch all the listed videos.
- Spend an additional 30-40 minutes reviewing Important Microbes for MSK and USMLE Musculoskeletal Review topics using your study resources and notes.