



ANCHORED IN PRAYER

The Anchored Life, Part 7
Pastor Stacie Wood
March 9-10, 2024

Bible reading this week: Hebrews, James, John

“In the temple courts he found men selling cattle, sheep and doves, and others sitting at tables exchanging money. So he made a whip out of cords, and drove all from the temple area, both sheep and cattle; he scattered the coins of the money changers and overturned their tables. To those who sold doves he said, ‘Get these out of here! How dare you turn my Father’s house into a market!’”

John 2:14-16 (NIV84)

Three Pillars of Prayer:

1. Jesus centralized the importance of prayer.

“Such a high priest meets our need—one who is holy, blameless, pure, set apart from sinners, exalted above the heavens. Unlike the other high priests, he does not need to offer sacrifices day after day, first for his own sins, and then for the sins of the people. He sacrificed for their sins once for all when he offered himself.”

Hebrews 7:26-27 (NIV84)

2. Jesus gives us _____ to the Presence of God in prayer.

“Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”

Hebrews 4:14-16 (NIV84)

“He is able to save completely those who come to God through him, because he always lives to intercede for them.”

Hebrews 7:25 (NIV84)

“You do not have, because you do not ask God.”

James 4:2 (NIV84)

3. God releases his Kingdom power on earth when we _____.

“The prayer of a righteous man is powerful and effective. Elijah was a man just like us. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. Again he prayed, and the heavens gave rain, and the earth produced its crops.”
James 5:16b-18 (NIV84)

An _____ person on a steady diet of prayer can change the world.

Ideas for individual engagement:

- Start a prayer journal.
- Go on a prayer walk.
- Choose one day (or one meal) a week to fast and pray.
- Schedule on your calendar 5–10 minutes midday to check in with God.
- Dedicate certain drive times to prayer. Pray out loud.
- Pray over your kids as you drop them off at school.
- Pray with your spouse before going to sleep.
- Pray First/Pray Last
- Ask your campus pastor how you can engage with the prayer efforts at your campus.

Ask God to grow your _____ for and _____ to prayer.

“When Elijah prayed, the nation was reformed; when Hezekiah prayed, the people were healed; when the disciples prayed, Pentecost appeared; when John Wesley and his companions prayed, England was revived... when Luther prayed, the papacy was shaken... and in the lives of Whitefield, Payson, Edwards, Tennent, whole nights of prayer were succeeded by whole days of soul-winning. To your knees, then ye Christians! Plead until the windows open, plead until the springs unlock, plead until the clouds part, plead until the rains descend, plead until the floods of blessing come.”

– W.A. McKay

Come and join
Activate!



1. access 2. ask 3. ordinary
4. passion 5. commitment



在禱告中扎根

扎根的生命 (七)

胡黛思牧師

2024年3月9-10日

本週經文：希伯來書、雅各書、約翰福音

「看見殿裏有賣牛、羊、鴿子的，並有兌換銀錢的人坐在那裏。耶穌就拿繩子做成鞭子，把牛羊都趕出殿去，倒出兌換銀錢之人的銀錢，推翻他們的桌子。又對賣鴿子的說：『把這些東西拿去！不要將我父的殿當作買賣的地方。』」

約翰福音 2:14-16 (和合本)

三條禱告支柱：

1. 耶穌聚焦禱告的重要性

「像這樣聖潔、無邪惡、無玷污、遠離罪人、高過諸天的大祭司，原是與我們合宜的。他不像那些大祭司，每日必須先為自己的罪，後為百姓的罪獻祭，因為他只有一次將自己獻上，就把這事成全了。」

希伯來書 7:26-27 (和合本)

2. 耶穌讓我們透過禱告得以_____上帝面前

「我們既然有一位已經升入高天尊榮的大祭司，就是神的兒子耶穌，便當持定所承認的道。因我們的大祭司並非不能體恤我們的軟弱，他也曾凡事受過試探，與我們一樣，只是他沒有犯罪。所以我們只管坦然無懼地來到施恩的寶座前，為要得憐恤，蒙恩惠，作隨時的幫助。」

希伯來書 4:14-16 (和合本)

「凡靠着祂進到神面前的人，祂都能拯救到底，因為祂是長遠活着，替他們祈求。」

希伯來書 7:25 (和合本)

「你們得不着，是因為你們不求。」

雅各書 4:2 (和合本)

3. 當我們_____，上帝會釋放祂國度的能力到世上

「義人祈禱所發的力量是大有功效的。以利亞與我們是一樣性情的人，他懇切禱告，求不要下雨，雨就三年零六個月不下在地上。他又禱告，天就降下雨來，地也生出土產。」

雅各書 5:16 下-18 (和合本)

一個經常禱告的_____，可以改變世界

進行個別禱告的建議：

- 開始寫禱告日記
- 步行禱告
- 每週選擇一天 (或一餐) 禁食和禱告
- 在行事曆上，提醒自己每天 5-10 分鐘與上帝連繫
- 安排開車時禱告，大聲禱告
- 在送孩子上學之前為他們禱告
- 晚上睡覺前與配偶一起禱告
- 「以禱告開始、以禱告結束」
- 聯絡分堂牧師，找出在分堂更深入參與禱告活動的方式

向上帝祈求，增強你對禱告的_____和_____

「當以利亞禱告，國家就得到改革；當希西家禱告，百姓就得醫治；當門徒禱告，五旬節就出現了；當約翰衛斯理和同伴禱告，英國就復興了；當路德禱告，教皇地位被震動了；當懷特菲爾德、佩森、愛德華茲、坦南特，徹夜禱告後，白日就贏得靈魂。因此，基督徒，下跪吧！懇求直到天窗打開，懇求直到泉水湧流，懇求直到雲霧消散，懇求直到雨水降下，懇求直到祝福的洪流來臨。」

— W.A. 麥奇

參加「激活之旅」！



1. 來到 2. 祈求 3. 平凡人 4. 熱情 5. 委身