

# How to Use this Book

## Introduction

Using insights gained from years of experience as both a professional teacher and performer, much care has been taken to design a useful, effective and practical guide for learning to play the drums. This book can be used as a self-directed learning guide or as a course template to work along with an instructor of your choice. The goal is to help you become proficient in all that is necessary for you to get out there and play the drums with other musicians.

## Chapter Section Explanations

Each unit is divided into three main sections:

- ✓ **Essential Elements**

Focusing on sticking technique and reading, this section will help you to increase dexterity while learning new rhythmic figures, sticking patterns and ways to strike the drum.

- ✓ **Skill Builders**

This section introduces new concepts and rhythmic figures, as applied to playing drum set, while building upon the skills learned in previous units.

- ✓ **Tune-in & Turn it Up!**

Putting the new concepts to practice, this section provides basic templates that challenge you to apply, improvise and solidify your skills while playing along with recorded music.

## Tips

Keep a log of your practice time and the pages you're working on. Set goals for yourself, and do your best to practice often. Practicing a little bit everyday will yield better results than locking yourself in the drum room for 8 hours one time a week. This isn't a sprint to the finish line!