GET IN THE ROUTINE AND BECOME AN



HABITS	MON	TUES	WED	THURS	FRI	SAT	SUN	
	- EN	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	FT	£7	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	
					£7			
	- EN	£7	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	S	FN -		£7	
	- EN	W	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			£7	£7	
	- EN	W	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\		£7	
	- FN	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	FN -	FN -	FN -	FT = 1	FT = 1	