

Realizing your Step-parent Duties

Okay, so let's **NOT** sugar coat any of this, let's lay it all out on the table.

Your stepchild **IS** your husband(or partner's) **BIOLOGICAL** child.

The **LOVE** of your life's own **FLESH AND BLOOD.**
Right?

This means that your spouse's Bio child has a Bio Mom, who is more than likely your partner or spouses **EX**.

This Bio Mom(aka the EX) is also PART of your spouse's child, and we do mean literally, FLESH AND BLOOD.

Unfortunately, without **HER** this child that is now your stepchild, would **NOT EXIST**. And I am sure you see how much your spouse loves and adores his **BIO** kid, so would you really **TAKE THAT AWAY** from him?

All just to get rid of the **BIO** mom?? **Of course not!!**

Since we cannot get rid of her, we **HAVE to come up with **SOME** way to have a healthy and lasting relationship with her(as much as we hate the idea) for our **stepchild** sake, our **spouses** sake and for our **own happiness within this blended family!****

Today, I am going to **HELP** you create a **HEALTHY** co-parenting relationship with your stepchild's Bio mom!

Ready or not, here we GO!!

SO LET'S GET *REALLY*.... REAL FOR A MINUTE...

I know you all know that by, **BECOMING THE “STEPMOM”** our Stepmom role may includes at times, dealing with or having “run ins” with the Bio Mom...you know like *issues* that may concern the stepchild(rens) **BIO Mother.**

As the **NEW(or present) woman in this **Bio Mom’s****

child's life, you could perhaps be a huge target for drama for her

Things such as, *Old feelings, bitterness from the divorce, jealousy, insecurity* and many others, can come into play when trying to find the source of **hostility** between yourself and the Bio mom.

Still I want you to take a moment and ask you to **TRY** to envision (and even show some empathy how the Bio mom is feeling when she found out about you..

Since I am both a Stepmom **and** a Bio mom myself, I can give you a **hint of how she felt and what she was thinking** the first time she found out about you...

So this Bio Mom starts thinking the worst case scenario, because let's face it, that's what Moms do best!

So then, her mind wanders to the subject of how *exactly* your **PRESENCE is going to affect HER Bio child's life!**

Her mind is throwing a million different scenarios at her,
all at **ONCE!!**

The Bio Mom's Mind is thinking things such as:

- What if this “new woman” treats my kid badly or purposely takes all the attention away from my kid and puts it all on herself?
- I know she is more than likely going to be a **HORRIBLE** role model for my child!
- This woman is trying to replace me as a mother and wife to my child and **EX**.

And those are just the BEGINNING thoughts!

These thoughts *twist and twirl* through the Bio moms head and before she knows it, she is “crazy” calling her **EX**(your now spouse).

And...the DRAMA BEGINS....

The Bio Mom is frantically asking your spouse 567 questions
all about you!

She is asking about your influence in her child's life, the role you will play, how you will treat her child, etc etc.. stressing all the reasons why having you there is a **horrible idea**.

Hopefully your spouse is ensuring her that presence **WON'T** be horrible but in fact it will be beneficial for the child! However, in my cases, **TRUST** is long gone between divorced men and women. So, the chances of her “taking his word for it..are close to **NONE!**

See, now you have ALL these *feelings* I warned you about spiraling around inside of you, so does your spouse and the Bio Mom.

Perhaps, Your **PISSED** that this woman acted like that about you, what is **so bad** about you? **She doesn't even know you!**

If all of these feelings aren't resolved quickly, you all could be on the verge of a mental breakdown and a NIGHTMARE for a Blended Family.ⁿ

I Will remind you that this scenario(based on true events) is ALL before you even MEET this woman!

**Be honest here ladies..we all have thought this about the "other woman" before, at least in the beginning both us Stepmoms and us Bio Moms.
It's a woman thing really.**

You wanted to just "NOT DEAL WITH IT", am I right?

But normally it isn't that *easy*, this issue HAS to be dealt with eventually, and the LESS time for drama to be created, the BETTER!

In this course I am going to cover:

- ❑ **Common Issues** between Bio Moms and Stepmoms, +give you some **suggested solutions** for those issues
- ❑ **Tips for Preparing to Meet** the Bio Mom and **Tips for the Actual Meeting**(if you've already met, any future meetings)
- ❑ **Benefits** of Creating a Healthy and Lasting Relationship with one another
 - ❑ **Setting Healthy Stepmom AND Bio Mom SPECIFIC Boundaries**
 - ❑ **How the two of you can work as a TEAM** that's beneficial to everyone, but especially the **children** involved.
 - ❑ **Lastly, we will briefly cover what to do if YOU(the Stepmom) have followed every step, rule, and guideline YET, the Bio Mom refuses to cooperate** and instead only causes **DRAMA!**

I **DO** want to mention that I **CANNOT 100%** guarantee a healthy relationship with your stepchild's Bio Mom...why?

Well, because **YOU** can do **EVERYTHING EXACTLY RIGHT**, & she may **STILL** decide to be a... you know what.

YOU can ONLY control YOU!

HOWEVER, I CAN guarantee you will have the **tools and motivation** to do **YOUR PART** in creating a healthy and lasting relationship with your step child's Bio Mom, the rest will be **ON HER!!**

I want to also take this time to thank each of you who enrolled in this course for your support and trust!

If you have ANY questions or comments or problems throughout the course that are NOT private, feel free to ask them in the comment sections located under each lecture in the course.

If your question or comment IS private or if there is a different reason you need to speak to me, feel free to email me ANYTIME @ ablendedmommahelp@gmail.com and I will respond ASAP.

*If you're READY
Let's GO!!*

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