

The background features a dark blue gradient with faint, light blue geometric patterns. On the left side, there are several concentric circles and arcs, some of which are marked with degree values ranging from 140 to 260. These markings are arranged in a way that suggests a circular scale or a compass rose. The overall aesthetic is technical and modern.

MEDIUMSHIP APPRENTICE PROGRAM WEEK 1

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CLASS OUTLINE

In this series of videos you will learn:

- Why we practice Mediumship
- How to Discern Spirit from Ego
- Gifts of Mediumship
- Mechanics of Mediumship
- Exercises & Meditation

WHY WE PRACTICE MEDIUMSHIP:

- Personal reasons, i.e. connect with passed loved ones
- Feel a Personal Calling for It
- Know & Understand Life after Death
- Access divine wisdom & guidance
- Faith in a higher power
- Overcome fears & insecurities around gifts
- Help others with grief/loss

HOW TO DISCERN SPIRIT FROM EGO

Spirit manifests in different ways:

- Spontaneous or random at first
- A sense or “knowing” of someone else with you
- Signs/Symbols that catch your attention
- Information comes back to you until you deliver the message or write it down.
- Awareness shifts from the person’s energy to a presence near you
- Persistent
- May seem to not make sense or that you are making it up.

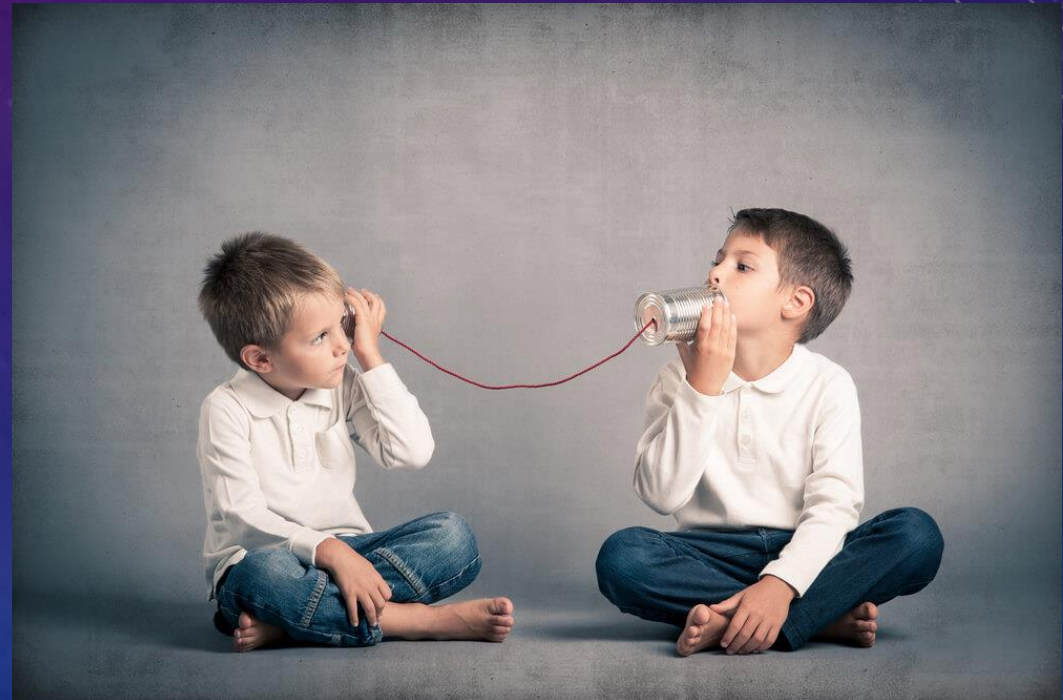
HOW SPIRIT MANIFESTS

Think about your first spirit phenomena experience. What happened? How was it?

- Dreams
- Seeing/feeling a presence in the home/bedside
 - Feeling spirit after loss/grief
 - Inspirational thought
 - Synchronicities/Encounters
- Gifts/Apports, i.e. coins/feathers/gemstones/flowers

MEDIUMSHIP IS....

- Spirit = consciousness, divine intelligence
- Soul = divine imprint for each person, unique DNA designed to you
- Mediumship is a blending of two souls, telepathically communicating.
- Physical & Etheric merging to download/receive information



WHAT DEFINES SUCCESSFUL MEDIUMSHIP?



- Ability to connect with “Spirit” & accurately connect by delivering evidence & message to the recipient that resonates
- Evidential mediumship, shows life after death continues

MECHANICS OF MEDIUMSHIP

GIFTS OF MEDIUMSHIP INCLUDE:

1. CLAIRVOYANCE - SEEING
2. CLAIRGUSTANCE - TASTE
3. CLAIRSCENT – SMELL
4. CLAIRAUDIENCE – HEARING
5. CLAIRSENTIENCE - FEELING
6. CLAIRCOGNIZANCE – KNOWING



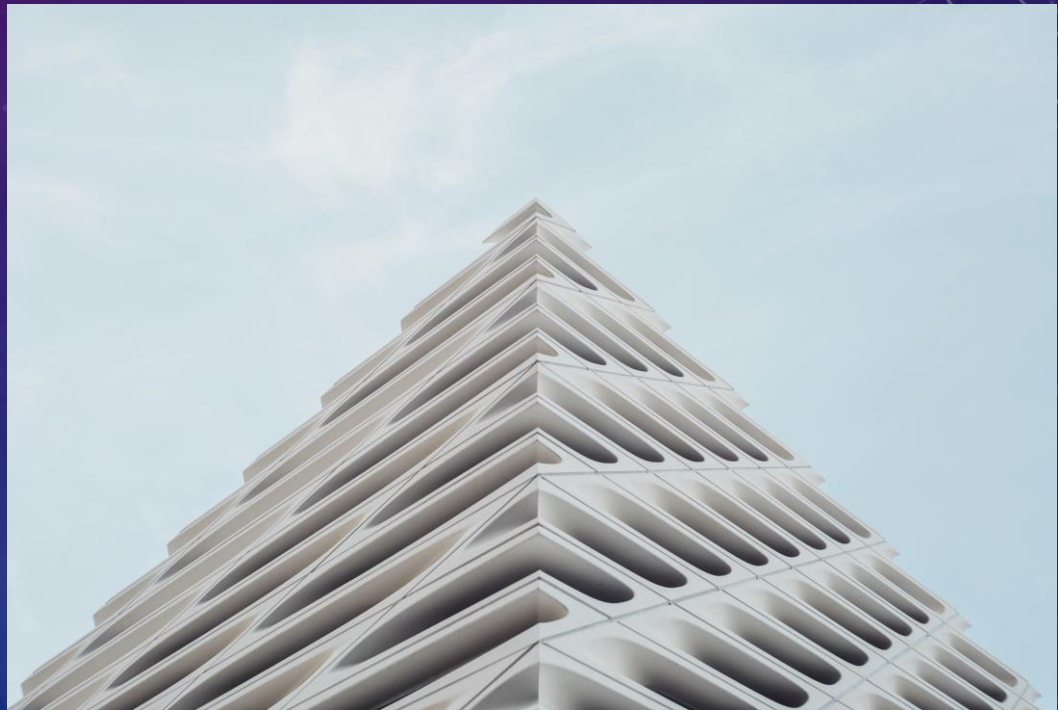
WHAT TYPE OF MEDIUM ARE YOU?

- Emotional; thoughts/feelings
- Visual; memories
- Factual; names/dates/numbers
- Inspirational;
- Audio
- Work with your natural-born gifts



OBSTACLES TO MEDIUMSHIP DEVELOPMENT

- FEAR
- Low Self-Esteem
- Lack of Confidence
- Religious beliefs, i.e. devil's work
- Not trusting the information
- Comparison
- Impatience
- Perfection



HOW TO BUILD YOUR LINK TO SPIRIT

- Maintain mind/body/soul balance
- Let go of the idea of perfectionism
- Build a relationship with Spirit, i.e. Universe is a loving parent who would never harm you.
- Quickening of information you will receive & decipher
- Understand the language & you are an instrument they are working with
- Practice!!!!



BASIC MEDIUMSHIP

TELL THE STORY

STORY = LOVED ONE'S LIFE

BASIC FACTS:

1. SEX: MALE/FEMALE
2. AGE: YOUNG/MIDDLE-AGED/ELDERLY
3. HOW THEY PASSED: INJURY/ACCIDENT, TRAGIC, I.E. SUICIDE/MURDER, ILLNESS
4. MESSAGE
5. MEDIUMSHIP IS THE MIRROR OF THE MIND



EXERCISE: TELL THE STORY OF YOUR LOVED ONE

Imagine for a moment your Spirit Loved One in your mind.

Bring him/her to life.

Write down the basic facts:

Male/Female

Age

How they passed

What would they want to say to you? Message?



CONNECTING TO SPIRIT

1. CLEAR YOURSELF ENERGETICALLY
2. SET AN INTENTION & PRAYER
3. FOR THE MOMENT RELEASE FEAR, ANXIETY & IMAGINE YOU ARE LIGHT
4. VISUALIZE YOU & SPIRIT MEET IN A SACRED SPACE OF LIGHT.
5. MEET IN THE MIDDLE.
6. FEEL/SENSE/KNOW/ASK
7. INFORMATION WILL BE RECEIVED.
8. DO YOU FEAR THE WIND?



CONCLUSION & SPIRIT ASSIGNMENT

- BEGIN TO BUILD A RELATIONSHIP WITH SPIRIT
- DAILY CHECK-INS: MORNING & EVENING RITUAL
- PRACTICE:
 1. SIT WITH SPIRIT MEDITATION
 2. PEER READINGS: BASIC MEDIUMSHIP READING CONNECTING WITH A LOVED ONE VIA A NAME

MEDITATION: ACCESSING SPIRIT



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