

## The Magic Of Thinking Rich Season 3 Day 10 Documentation

Date – 12/5/2021

Time – 7.30 PM

BSR Sir started the session by sharing that people should not always look for reason to celebrate. Celebration should be a part of your daily life. People are conditioned to feel low when they hear sad or bad news, but we have to start celebrating our lives. BSR Sir shared an example of one of his team mates who started spreading rumors about BSR Sir after quitting the organization. When BSR Sir got to know about it he convinced his mind that he will counter his negative activities by positive activities, he changed the story in his mind to change the mindset (remember BSC). He doesn't let a negative story get to his mind; he has trained himself to always feed his mind with a positive story. Change happens in a moment but that moment arrives when you take complete charge of your body and mind.

BSR Sir shared the story of two friends who went for an interview together. How their reaction to changed their life (remember 10% action, 90% reaction). BSR Sir shared a testimonial of one of the viewers which showcases the magic of thinking rich. BSR Sir also shared the names of some documentaries and books which showcase and celebrate the power of positive thinking and its impact on life. BSR Sir also shared an anecdote from one of the attendees of his sessions that was conducted in Pune, he shared how he fought the disease of cancer and overcame it. The mind has immense power to fulfill all your desires so be careful with what you wish for. BSR Sir shared some more examples from amongst his clients.

BSR Sir shared a story about a powerful phenomenon called **Rule Number 6**. BSR Sir explained this phenomenon in detail.

### **Power of Words –**

The most powerful tool to make Law of Attraction work for us is **Words**. BSR Sir explained the power of words that we speak or hear on our life. The moment you speak a word, a picture is formed in your mind and it is transferred to subconscious mind and it is delivered in life.

### **Visualize + Vocalize + Emotionalize = Actualize.**

BSR Sir also shared the importance and effective usage of Positive words/statements in life; also known as **Affirmation**. In desperation to become successful, people lose their patience and they fail to invest/devote the actual time that is required to achieve something. It's a simple fact that the

Time taken by you to achieve a certain object/desire = Time taken by you to achieve the required frequency at which the object is (BSR Sir explained this concept in previous session.)

Let me share a more relatable example. Suppose you are in location A and you have to travel to location B. The distance is 300 km, so to reach the destination location B you have to cover the 300 km distance. Now the time that you will take to cover that distance is directly proportional to the speed at which you travel. If you travel at the speed of 10 km per hour, you will take 30 hrs to cover the distance but if you travel at a speed of 100 km per hour, you will be there in 3 hrs.

Similarly the time that you take to increase your frequency to equal the frequency at which the desired object is the time you will take to achieve it. Now when you get desperate you use more negative words and start blaming your luck etc, this slows down your speed as such words are as good as a speed breaker. You start losing faith on your capabilities, so no matter what never shelter negative words in your life.

BSR Sir shared another example of a boy who was suffering from an incurable disease and how he survived with the help of Power of Words. BSR Sir shared some more stories to explain the significance of the Power of Words and its good/bad effects depending on the words. BSR Sir shared some powerful affirmations.

BSR Sir also shared some important Rules for effective Affirmation

Affirmations should be repeated loudly. **90:90:1 philosophy. For 90 days, in the first 90 minutes of the day, focus only on 1 thing that is most important i.e. mind.** BSR Sir shared some more testimonials given by our viewers.

BSR Sir shared the example of Sindhutai Sapkal and how she overcame her shelter less situation and gave shelter to 1400 orphaned kids. This is the power of desire, when she was homeless, she found out a way to provide food and shelter for 1400 orphaned kids, this happened only because of her desire.

Incantation – This is a higher version of affirmation. Incantation is involving you're the power of your body language with the power of words to achieve something; this process is known as Incantation. BSR Sir explained the process of Incantations in detail.

BSR Sir explained the benefits of Donation/Charity. BSR Sir advised the viewers to give (donate) because giving is receiving. The more you give, the more you receive because it is a well said truth that, **“You shall reap (Receive) as you sow (Give)”**. BSR Sir shared a few examples to explain this phenomenon,