

MA2-L12-3-ps-Grid-Journaling-manual



Digital Scrapbooking Mastery, No. 2

Lesson 12, Part 3: Grid Aligned Journaling for Adobe Photoshop Manual © 2019 Jen White

Journaling makes memories come to life. Here in the last part of Lesson 12 we'll put the finishing touches on our Mastery 2 scrapbook page by adding the all important element of the written word.

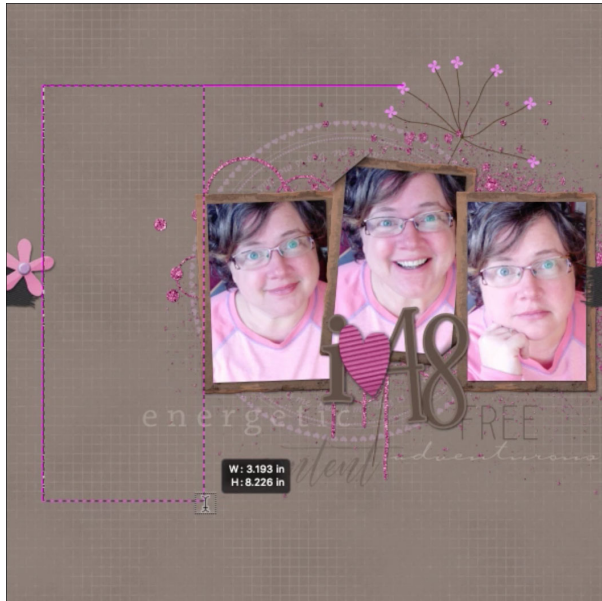
- Begin in Adobe Photoshop.
- Open the document (File > Open) you ended with in Lesson 12, Part 2.
- Press the letter D to reset the Color Chips to the default of black over white.

Create a Text Box

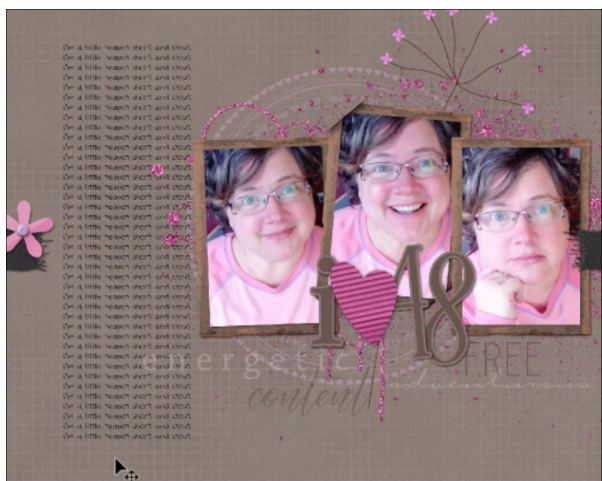
- In the Layers panel, click on the Circular Typed Overlay group to activate it.
- Get the Horizontal Type tool.
- In the Tool Options, open the Font Picker and choose a journaling font. I'm using DJB Annalise. Set the Size to 12 and click on the Center Alignment icon.
- In the Character panel (Window > Character), set the Leading to Auto, and the

Tracking to 0.

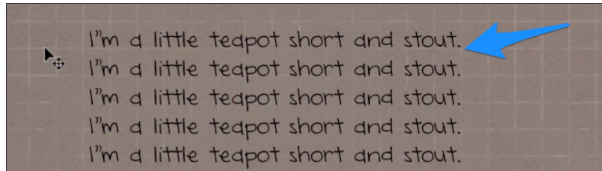
- On the document, click and drag a text box that is 3 inches wide by 8 inches tall. To reposition while dragging, hold down the Space bar.



- Press Ctrl C (Mac: Cmd C) to copy the highlighted text.
- Press the Right Arrow key to place the cursor at the end of the text.
- Press Ctrl V (Mac: Cmd V) as many time as it takes to fill the text box with words.
- Click the checkmark to commit.



- Press Ctrl + (Mac: Cmd +) four times to zoom in on the document.
- Hold down the Space bar and click and drag on the document to reposition the zoom so that you can clearly see the top line of the text box.
- Get the Move tool.
- Press the Up or Down Arrow key until the top line of words is resting directly on a grid line.



- Get the Horizontal Type tool.
- In the Tool Options, adjust the Leading until all the lines of the text box are aligned with the grid. I ended up with 13.5.

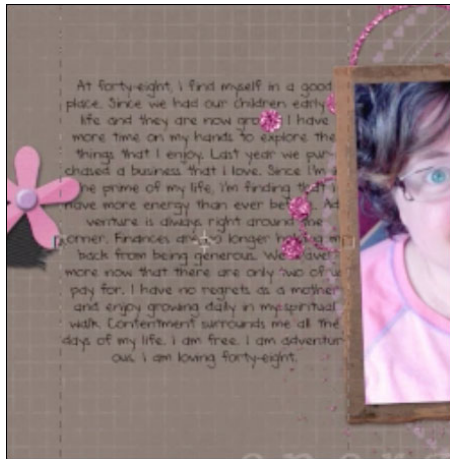
Add Your Own Journaling

I recommend typing your journaling in a word processing program and then copying and pasting into your scrapbook page. To do that:

- Copy your journaling from another document.
- In the Layers panel, double click on the thumbnail of the type layer to highlight all the text in the text box.
- Press Ctrl V (Mac: Cmd V) to paste in your journaling.
- Click the checkmark to commit.

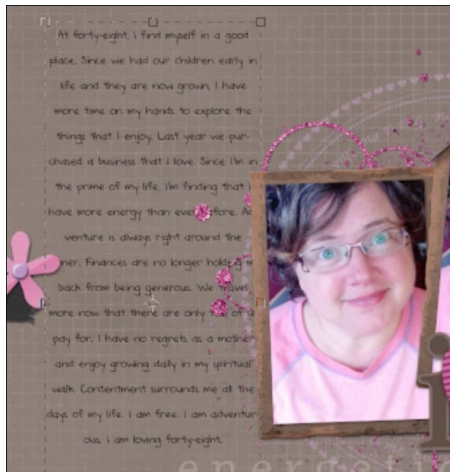
Adjustments OPT 1: Add Blank Lines to the Text Box

- In the Layers panel, double click on the thumbnail of the type layer to highlight all the text in the text box.
- Press the Left Arrow key to place the cursor at the beginning of the type.
- Press Enter/Return to add blank lines to the text.
- Click the checkmark to commit.



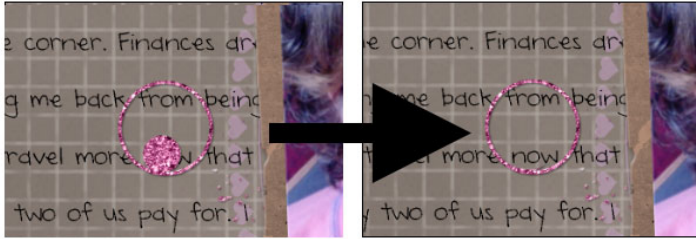
Adjustments OPT 2: Double Space the Text Box

- In the Layers panel, the type layer should be active.
- Get the Horizontal Type tool.
- In the Tool Options, double the Leading (current leading X 2).



Mask Away Type Distractions

- In the Layers panel, click on the Glittery Brushed Anchor group to activate it.
- Get the Brush tool.
- In the Tool Options, open the Brush Picker and choose a Hard Round brush from the Default Brushes. Set the Size to 100, the Mode to Normal, and the Opacity to 100%.
- Click on the Add Layer Mask icon.
- On the document, click to remove anything in the way.



Save the Document

- Save the document (File > Save).

Archiving This Lesson

- There is no coordinating archiving video for this lesson.

Altering This Lesson

- There is no coordinating alterations video for this lesson.

Custom Shadowing

- There is no coordinating custom shadowing video for this lesson.