

# Yoga IN THE SCHOOLS



challenge  
to change

	LIVE PROGRAM	COMPASS PROGRAM	LICENSING PROGRAM
ANNUAL COST	\$400 per Classroom	\$3,000 per School	\$1,200 per School
Yoga in the Schools Curriculum with 8 lessons including an end-of-the-year culmination	Delivered <b>live</b> in the classroom by Challenge to Change Yoga Teachers	Delivered <b>virtually</b> by Challenge to Change Yoga Teachers including 3 Teacher In-services	Delivered by a <b>95 Hour RCYT</b> employed by your school
All staff access to online yoga and mindfulness teaching tools, printables and video content for classroom use	✓	✓	✓
Challenge to Change Program Navigator	✓	✓	✓
Unlimited Program Support	✓	✓	Video tutorials on how to deliver each lesson
Scheduling Support	✓	✓	■
On-boarding Teacher In-service Training	\$125	✓	■
"Navigating Online Tools" Teacher In-service Training	\$125	✓	■
Teacher Self-care In-service Training	\$125	✓	■
Prerequisites	N/A	N/A	Minimum 1 teacher has completed Challenge to Change 95 Toddler, Kids + Teen Yoga Teacher Training

## Additional Products & Services

- Additional Teacher In-service Training **\$125**
- 95 Hour Toddler, Kids + Teen Yoga Teacher Training **\$1,700 per Teacher**
- Travel expenses may apply for schools outside of Dubuque, Iowa including mileage calculated at .58 cents per mile and/or hotel accommodations.
- Additional teacher support materials available for purchase through our online store.

✓ Included  
■ Not Included