



TUTORIAL SUMMARY & SUBMISSION INFO

This document outlines your tutorial and bonus credit activities for CMTE/CPD credit. You may submit this document with your CMTE/CPD certificates if you wish.

Overview

1. Resurrecting ritual: What is the nature of ritual and its importance in people's lives
2. Elements of ritual: What makes a ritual in practice?
3. Identifying and practising ritual: Community, cultural and personal rituals
4. Music therapy as ritual: Using cultural and historical rituals to devise our own rituals
5. Summary
6. Bonus content activities
7. Extra resources

Learning Objectives

1. Recognise the benefit of ritual in music therapy practice.
(CBMT domains II. B. 3h, 4g., III. A. 2b, f, eee)
2. Identify your own everyday rituals that support your self-care and clinical practice.
(CBMT domains V. A. 1. 2. 3.)
3. Revise your own clinical practice to identify where ritual may be useful.
(CBMT domains II. D. 1.)
4. Apply one or more elements of ritual into your clinical practice.
(CBMT domains II. D. 2c, III. A. 2b, f, eee)

Tutorial Summary

Nsamu Moonga comes from the rich African culture of the Ba'Tonga people. Immersed in ritualistic practice the Ba'Tonga people use ritual as a dynamic expression of collective and individual identity, culture, celebration, and healing. Nsamu shares his insights into the use of ritual for everyday life and brings a unique perspective to the benefits of ritual in music therapy practice. Discussing the elements of ritual Nsamu provides a framework for us to bring more intention, mindfulness and connection to our music therapy practice and to our clients.

This tutorial includes extra resources for you to develop your skills further and the tutorial closes with a summary and 3 optional bonus content

activities which will extend your learning and can earn you extra CMTE/CPD credits.

Submission for CMTE/CPD Credit

When you finish watching the online tutorial you will automatically be emailed a certificate of completion to verify that you have successfully completed the tutorial. You will need to watch ALL the video's to receive your certificate. You can then submit this to your CBMT/CPD organisation.

Bonus Content Activities

WORKBOOK

If you completed the workbook as a bonus content activity, send the completed article workbook to jacinta@musictherapyonline.org for verification. You will receive a certificate of completion for 1 CMTE/CPD credit.

PROJECT

If you have completed the project as a bonus content activity then you can send your completed project to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for 1 CMTE/CPD credit.

ARTICLE REVIEW

If you have completed the article review as a bonus content activity then you can send your completed project to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for 2 CMTE/CPD credits.

CBMT Domains for music therapists in the US & Canada.

The relevant CBMT domains are listed in the learning outcomes above.

THANK YOU!

Thanks very much for purchasing this music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new, useful and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback.

x Jacinta