

# BASIC PAINTING SUPPLIES

## “LETS PAINT FLOWERS-FAST FEARLESS FLOWERS”

ANNIE O'BRIEN GONZALES

[www.letspaintflowers.com](http://www.letspaintflowers.com)

I recommend starting with a warm and a cool of each primary color (red, yellow, blue) plus Titanium White & Titan Buff. As you continue to paint you will find personal favorite colors to add to your palette. It's important to paint with professional grade acrylic paint for best results—stay away from “student grade” paint.

- **Golden Heavy Body Paints** are the best value to begin painting with acrylics & are widely available at art supply stores or online at [www.jerrysartarama.com](http://www.jerrysartarama.com).
- Annie's favorite Golden Heavy Body Paints used in this painting:
  - Cadmium Yellow Medium & Cadmium Yellow Light
  - Ultramarine Blue & Pthalo Blue Green Shade
  - Cadmium Red Medium & Quinacridone Magenta
  - Titanium White
  - Titan Buff
  - plus for this painting—Pthalo Green Blue Shade, & Green Gold
- **Painting Medium**
  - Fluid Acrylic Matte Medium
- **Brushes:** My favorite brush shapes are Brights & Round brushes available in all Silver Brush Series brushes. In this course I used the Bristlon, Art Sherpa and Silver Silk Series Brushes, all with a long handle. Don't try to use craft brushes or soft watercolor brushes, you won't be happy.
  - Silver Bristlon-long handle:
    - Brights sizes- 6, 8,10
    - Round- 2 or 4
  - Inexpensive 3” synthetic or foam brush for painting backgrounds
- **Easel-optional**
  - You may choose to paint flat on a table protected with a tarp, seated at a table easel if standing is an issue or standing at a conventional stand up easel which is how I am used to painting. If you plan to paint a lot consider purchasing an easel which are available inexpensively with discount coupons at Hobby Lobby or Michaels.
- **Canvases and/or Panels**
  - Your choice—any size or shape stretched canvas or canvas panels
- **Other**
  - disposable paper palette sheets or coated paper plates
  - spritzer water bottle
  - small container (recycled tuna or yogurt cups work) for medium
  - paper towels or rags
  - water container
  - apron or old shirt- acrylic does not wash out of clothing

• **Optional**

- optional supplies-soft pastels or chalk for map

**NOTE from Annie and Jill;**

*We are certified through extensive training with Golden Paints as Golden Artist Educators & Silver Brush Limited as Certified Silver Brush Educators. We feel this qualifies us to share knowledge of the professional quality products they manufacture. We do not sell, nor get any commissions from Golden Artists Paints or Silver Brush-but we know the products well, use them daily and highly recommend them.*

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