



Goal: To have a well-mannered dog that is a welcome member of the family

Sit is the starting point to good manners. Anytime your dog wants something such as to greet you, go on a walk, etc. she needs to first sit. It is the equivalent of please.

🐾 Level One-Standing

🐾 Steps to Goal

- 🐾 We teach sit using the “Magnet” Method.
- 🐾 Standing in front of your dog hold a treat to your dog’s nose (the treat is the magnet).
- 🐾 Raising your hand, move the treat from your dog’s nose, up slightly to the top of her head. This will cause her to sit. If you are holding the treat and your dog is jumping you are probably holding your hand too high above, her nose.
- 🐾 As soon as your dog sits give the treat and introduce the word “sit” with a happy tone of voice and repetition of sit, sit, sit.
- 🐾 Repeat the action. But now that you have taught your dog to sit, the lesson is not over.

Many dogs only respond to the command when their owners are standing up. As soon as you sit or lay down your dog loses his manners and becomes rambunctious. The trick is to have your dog respond no matter what position you are in.

When you were raising your hand with the treat to get your dog to sit, that is the hand signal for sit. After your dog has learned this command, this will be the signal without the treat for your dog to sit.

🐾 Level Two: Kneeling or Sitting

- 🐾 While kneeling or sitting in front of your dog, hold a treat to your dog's nose (the treat is the magnet).
- 🐾 Raising your hand, move the treat from your dog's nose, up slightly to the top of his head this will cause him to sit. If you are holding the treat and your dog is jumping; you are probably holding your hand too high above, his nose.
- 🐾 As soon as your dog sits give the treat and introduce the word "sit" with a happy tone of voice and repetition of sit, sit, sit.
- 🐾 Repeat the action.

🐾 Level Three –Lying Down

- 🐾 Lying down on your back in front of your dog, hold a treat to your dog's nose (the treat is the magnet).
- 🐾 Raising your hand, move the treat from your dog's nose, up slightly to the top of his head this will cause him to sit. If you are holding the treat and your dog is jumping; you are probably holding your hand too high above, his nose.
- 🐾 As soon as your dog sits give the treat and introduce the word "sit" with a happy tone of voice and repetition of sit, sit, sit.
- 🐾 Repeat the action.