

Pentatonic Scale 16th-Note Pattern

In this chops workout, you run a 16th-note pattern through an A minor pentatonic scale shape.

You also use hammer-ons for an added challenge with this 15-minute workout.

To begin, pluck each note up and down the pattern, no hammers and no metronome.

Then, once you have the notes under your fingers, add in the hammer ons, and finally bring in a metronome to this exercise.

When using a metronome, you play four notes per beat, which you can count as 1234, 2234, etc. or 1e&a, 2e&a, etc.

Go slow, focus on clarity and accuracy above speed, and have fun with as you level up your chops with this 15-minute workout!

