

The Magic Of Thinking Rich Season 3 Day 7 Documentation

Date – 9/5/2021

Time – 7.30 PM

BSR Sir started the session by sharing the importance of Commando Training conducted every early morning. BSR Sir shared some real life examples of the people who are part of the Commando Training and how they deal with grave situations with a strong mental attitude. What changes this training has brought about in the lives of the participants of the Commando Training.

BSR Sir said that we have to fight with the negativity around us and we have to do it with an absolute strong mental attitude of a Commando. The conditioning of mind begins at an early age and we have to use it in an effective manner. Whenever we are giving energy to a thought, good or bad, we are placing an order with the Universe to receive it. So it is an absolute necessity to be extra careful and cautious about the thoughts we shelter, because the Universe will deliver it to you sooner or later.

BSR Sir shared an example of a plane crash in which all the passengers and the crew members died. Does this mean that all those people attracted their death in a plane crash? They did attract their death in such circumstances. BSR Sir shared his real life experience to explain this phenomenon. In the year 2002, when CoachBSR went to Gurgaon by bus as he was shortlisted for a job at Colgate Palmolive company. On his way to Gurgaon he came across a beautiful building which had a Ship shaped architectural design. The name of the company was Convergys India Services; he was mesmerized by the view of that building.

After some years on 25 July 2005, CoachBSR was selected for a job in a company by the name of Convergys India Services in Gurgaon. It was the same company and same building. How did this happen? CoachBSR saw that building at 5 in the morning, when he was half asleep. In the morning just before we wake up and at night before we sleep or when we are half asleep, our subconscious mind is at its peak, it's highly effective.

So when CoachBSR saw that building early in the morning, when his subconscious was highly effective and that view secreted happy hormones in his body, which gave positive signal to the subconscious and thus this, happened in reality. But this took good 3 years to happen because this was not a conscious desire; it was more of an unconscious desire. This is the power of subconscious mind and its role in achieving the desired goals. If you place an order consciously, unconsciously at a time when your subconscious mind is highly active there is a very good chance that you will achieve that desire sooner.

BSR Sir shared some more examples from his life which prove this phenomenon.

Reticular Activating System (RAS)

BSR Sir explained the concept of Reticular Activating System (RAS). It is in our subconscious mind. It works like a guided missile, once you lock the target; the guided missile will hit only the locked target even if the target is constantly changing location. In your subconscious mind once you lock the goal, this RAS works like a guided missile to help you achieve it. BSR Sir shared another example from his life to explain this concept. BSR Sir also shared a testimonial given by a viewer.

You manifest what goes into RAS. Energy = God = You

If you want to purchase something worth 1 lac, then you ought to have 1 lac rupees to purchase it. You can't purchase it if you do not have 1 lac rupees. Similarly everything has a frequency and if you wish to achieve it, you have to take your frequency to that level. You can't achieve it until you increase your frequency to that level. BSR Sir shared the ways to increase our frequency. BSR Sir shared some more examples.

BSR Sir conducted a powerful session of meditation to let the viewers experience a rise in their energy through meditation.