

# COUNSELING

REFERRAL LINE | 918.392.1199

August Teaching Series  
THE **TRUTH** ABOUT SEX

Asbury's Professional Counseling Referral Line, answered by Kelly Dudney, a licensed counselor, can help you find a local Christian counselor by leaving a CONFIDENTIAL message at 918.392.1199.

Asbury has at its fingertips many therapists in the Tulsa area who work with adults, teenagers and children. They specialize and provide counseling in these areas listed (which is NOT an exhaustive list) and would be happy to assist you. We encourage you to call the confidential counseling line whether you have had counseling in the past or would like to begin counseling now.

- women's issues
- boundary issues
- men's issues
- behavior disorders
- college issues
- premarital counseling
- parenting
- eating disorders
- family counseling
- school issues
- individual counseling
- developmental delays
- marriage counseling
- military
- anxiety
- adoption
- depression
- high conflict relationships
- grief/loss
- foster care
- codependency
- mediation
- bipolar
- custody evaluations
- drug/alcohol abuse
- spiritual/faith issues
- sexual abuse
- mood disorders
- affair recovery
- communication difficulties
- divorce recovery
- chronic illness/pain
- PTSD
- chronic health issues
- AD/HD
- blended family issues
- anger management
- autism spectrum
- gambling addiction
- stress management
- self-esteem issues
- nutrition
- crisis pregnancy
- OCD
- career counseling
- trauma
- geriatric issues
- insomnia
- infertility
- phobias
- sexuality
- gender
- relating to changing identities

# BIO

KELLY DUDNEY

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My undergraduate degree is in Special Education from Oklahoma State University; I received my Masters Degree in Counseling from Barry University in Miami, FL. While in Miami, I had an internship at Catholic Charities counseling with couples, individual adults, teenagers, and children. I also interned at a Substance Abuse Recovery Facility where I led small groups in alcohol and drug abuse counseling.

In Tulsa, I was a member of The Junior League of Tulsa where I organized and implemented a program for young teen girls in several middle schools in the Tulsa area focusing on awareness of eating disorders;

I also served on the Board of Directors.

For 25 years I have facilitated a small women's Bible study every week in my home. Several of the women have been a part of this group all of these years. This group has been an important part of my spiritual life and growth, and I have loved learning about the Bible with these special friends!

Stephen Ministry has been a big part of my volunteer work at Asbury; I served for 16 years as a supervision leader, group facilitator, and training teacher. Stephen Ministry offers one-on-one listening and prayer support for individuals who need encouragement and hope. Since 2014, my husband, Bill, and I have been Asbury Couple to Couple facilitators. Couple to Couple is a program that provides pre-marital counseling to engaged couples. We spend about 8 weeks leading our engaged couple through the PREPARE/ENRICH national curriculum. Our time with each couple is spent helping them prepare for the adventure of marriage!

I had the privilege of being a stay-at-home mother for 25 years! The time with my children spent providing and teaching and counseling and discipling and learning and listening and disciplining...well, this part of my life was a true gift from God and one of my greatest joys!

Bill and I have been married for 32 years and have 2 grown children who are both married and working in Oklahoma. We're going to be grandparents for the first time in 2022!