



**AMERICAN  
ACCENT  
COACHING**

*with Audrey LeCrone*

**aʊ**



**SECTION 4 CLASS 4**

**PUTTING TOGETHER TWO DIFFICULT VOWELS  
HELPS WITH LISTENING AND IMITATION SKILLS**

## **aʊ**

### **How it's spelled:**

ow: cow, frown, now, chow, power, down, how, town, allow

ou: mountain, fountain, south, loud, hound, house, found, pounds, our, hour, out, about, around, council, mouse, lousy

### **Sentences:**

The cow walked down the mountain on the south side.

The caʊ walked daʊn the maʊntain on the saʊth side.

About an hour ago, our house burned down.

Abaʊt an haʊr ago, aʊr haʊs burned daʊn.

The council frowns on allowing pets in the townhouses.

The caʊncil fraʊns on allaʊing pets in the taʊnhaʊses.

I've found that I need to allow about an hour for traffic.

I've faʊnd that I need to allaʊ abaʊt an haʊr for traffic.

I'm lousy at climbing around mountains without falling.

I'm laʊsy at climbing araʊnd maʊntains without falling.

## **HOMEWORK**

Using your own text or monologue, find the aʊ vowel. Mark it out and speak it out loud.