



Program Roadmap

Step 1: Create a Simple Meal Plan

You will start by giving yourself more time so that you can spend 15 minutes a day streamlining your home!

We are going to decide on a SUPER SIMPLE meal plan that will have you spending No Time meal planning, less time cooking, & less time cleaning up. You can make your own, or use my suggested Meal Plan so that you don't have to take time making this decision!

Step 2: Start Setting Up Your Routines

Next, you will set up routines that simplify your day and your week.

Step 3: Begin Decluttering

Then you will start decluttering the areas of your home that you can declutter quickly so that you will see results fast!

Step 4: Create a Set It and Forget It Meal Plan

Now that you are able to breathe more freely from the progress you have been making. You are going to go through the steps of setting up your Set-It-and-Forget-It Meal Plan!

After you complete this step, you will NEVER have to Meal Plan again!!

Simply Streamlined



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Step 5: Get Your Family on Board

Now that you have done the things that you can do on your own, it is time to get your family on board.

I'll show you exactly how to get their buy-in and get them involved!

Step 6: Finish Your Decluttering

Next you will finish those Decluttering projects.

Step 7: Finish Setting Up Your Routines

The final routines will be set up after the decluttering projects that they correspond with.

I'll tell you which routines to set up when!

Step 8: Set Up Your Budget

Phew! You're done with the house! Now that you have more time and mental space, let's work on getting that budget set up for success!

Step 9: Pay Off Your Debt

And lastly we will go through the practical steps you can take to pay off your debt and start living a life of Financial Freedom!

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