

Beyond Ages

MODULE 2: DATING OLDER WOMEN



14 modules: Dating Older Women

Congrats on deciding to improve your dating life, confidence and how attractive you are. We now want to kickstart this process of you meeting and dating the sexy mature women you want by identifying where they spend their time and how you can emotionally relate to them. Remember a mature woman will be looking out for a guy who she not only has that physical connection with but who has the emotional maturity to be compatible with her. So complete our form to work out where you should be looking, and most importantly (apart from her good looks and sexual confidence) **what other qualities you want her to bring to the table.**

Perfect is never perfect With ANYONE!

Don't attempt to 'settle' for a box ticker if the chemistry isn't there - just by the meaning of the word you can tell this is not going to make you happy.

Compromise is Cool

Separate your 'must have's', 'desirables' and 'deal breakers' when it comes to dating older women to discover a great connection.

There's just something about her

She may not look your type but she has caught your eye and you can sense something... listen to your gut instinct because you know who you'll vibe with and who you can't. Open the door. Go for it. Trust your instincts and just see...

GET CLEAR ABOUT WHAT IS ON YOUR LIST:

Make notes on what you're looking for in a woman under each of the following headings:

Note: The more specific the better – avoid open-ended traits and focus on specific examples.

i.e. instead of 'someone who's independent' try 'someone who likes to make plans, has her own opinions, enjoys spending time with family on weekends'

Where are you going to meet her?

Physical appearance:

You know your type; but don't let it stop you exploring others.

Hobbies:

Make a list of the places she likes to hang out to use next week!

Whittle down where you should be spending your time to increase your chances to meet her.

Economic factors:

It's all about the money, money, money... NOT AT ALL don't let something that can change (like a credit rating) influence your decision-making ability.

Interests:

What are you interested in? Begin from your interests and then think about what you'd like the woman you spend time with to be into.

Make a list of her interests to use next week.

Health/Fitness:

*Morning jog together or breakfast in bed? (Hint: these qualities are going to also help you select the *right* type of woman in the early stages)*

Holiday Preferences:

Lounging on a beach or trekking through a jungle?

Downtime:

Where does she hang out on the weekend? What are her favourite TV shows? Socialite or a homebody?

Lifestyle

Identify what kind of people you naturally gravitate towards.

Social background:

Where you grew up, what your family life was like and how you found life at school etc. has a big influence on who you're going to connect with. It is good to identify but not be stuck in any certain mindset.

Cultural background:

Different ethnic/cultural backgrounds don't have to be a deal breaker – have a liberal mind set but know what is important to you.

Write down at least 3 things that define your social background

ex. Which country you're from, what your parents did or what kind of school you went to.

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Political views:

Quick question: Sunday papers & current affair shows or magazines & movies?

Family values:

Do you want a family soon/ never/ maybe if you met the Perfect Woman? Dating Success has a lot to do with knowing what you want and being focused on that.

Relationship choices:

Deciding at what point you make the call to go committed, do you think monogamy is essential, or flexible? These are personal choices - be prepared to communicate your values on these and look out for women whose beliefs are in line with yours.

What kind of relationship do you want? How far into dating are you looking for commitment?
Do you think commitment is essential? Do you ever want to get married?

Friendship circles:

How many nights a week do you like to hang with your friends? What does catching up with friends mean to you? Is it for a cycling tour or madcap adventures that are half forgotten by the next morning? Are you more inclined to fly solo or roll deep? Work out what your friendship circles are like and what hers should be in compliment to yours.

Insight/ education:

Just because someone hasn't gone to the best college/ university it doesn't mean that they're not intelligent. Nor should you assume that IQ is a deal breaker to how well you'll get on, there is some truth in that opposites attract. However, in order to connect well you need to be able to communicate freely and openly with your partner so (in simple terms) you can't dumb down what you say or struggle to follow them.

**Quick question: what kind of smarts do you value? Do you like someone who's a professional, or prefer someone who's socially smooth?*

Career style:

People's careers deeply affect their lifestyle balance. For instance a city worker may find themselves on a totally different biorhythm than graphic designers. When do you want to wake up in the morning? When do you want to 'clock off' for the night?

It's getting more interesting now right? It's important for you to know that all your choices/ preferences are just as valid as the next persons.

Dating Success has a lot to do with knowing what you want and being focused on that.

Summarize

Take into consideration all of the facts and details that we have summarized, now take a moment to list all of the benefits you see to dating an older woman.

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YOUR JOB ISN'T TO WORK OUT HOW YOU CAN MOLD YOUR LIFE AROUND HERS TO

'MAKE IT WORK';

INSTEAD IT'S TO WORK OUT WHO WILL NATURALLY GEL WITH YOU, AND WHICH WOMAN'S CHOICES YOU CAN ACCEPT

RATHER THAN SEEK TO CHANGE.

