

Medicine Buddha Thangka Art Course

Materials needed for this course

You only need 4 basic materials for this course:

1) Paper

For the drawing of this Buddha you need a larger sheet of good drawing paper in cm or inches:

Size: Best size 50x65cm / 50x70cm (If this is not available choose size A2 or size A1)

US paper sizes: Minimum size 18"x24" or larger (such as 20"x30" or 22"x30", more suitable if you want to draw for ex. a large landscape around your Buddha)

Weight: preferably minimum 160 g/m², or 80lb / 130gsm (I always use 200g/m²)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

2) Pencil

Regular B&W pencil HB and/or a mechanical pencil (0.5mm)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

3) Eraser

Regular eraser

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

In addition it's nice to have a very fine eraser, my favorite is Tombow Mono Zero (the round one):

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

4) Ruler

Preferred size of 50cm / 18" or 24"

Note: for thangka it's easiest to work with centimeters. Working with inches is possible but gives you less options proportion wise. The following rulers have both inches and centimeters:

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

Optional

Drawing Compass

If you want to buy one, choose one that can make a wide circle, or with an extension part.

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

Coloured Pencils

If you want to colour your Buddha Face you can use whatever coloured pencils you've got, but for the best results a good brand is advised, as those pencils have more pigment which is good for shading.

I have been using the following brands for many years and often use a set of 48 pencils:

Prismacolor Premier

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

Faber Castell Polychromos

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

Bruynzeel Design

[Amazon.COM](#) / [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

If you are in the US, [Blick Studio Artists' Colored Pencils](#) also make a good choice

And lastly: if you want to make notes during the course please have your pen & paper ready.

Happy drawing!
Garmen



PS The above linked products are recommended by me and I receive a small percentage of sales when you make a purchase. Thank you!