

Week 1

Wild
Hearted
Words

A person is shown from the back, wearing a white t-shirt and a light-colored hat. Their right hand is on their hip, and their left hand is touching the hat. The background is a blurred outdoor setting with warm, golden light. A semi-transparent rectangular box is overlaid on the back of the t-shirt, containing the text "What Acronym Are You?".

*What Acronym
Are You?*

Week 1

YOUR MYERS-BRIGGS TYPE

The Myers-Briggs Indicator is based on the work of Isabel Briggs Myers and her mama, Katherine Briggs, to make the insights of type theory based on C.G. Jung accessible to everyone.

The essence of the theory is that what is seemingly random behavior is actually quite orderly and consistent, thanks to basic differences in the ways individuals prefer to use their perception and judgment.

The Myers-Briggs analysis will help you determine which 1 of 16 distinctive personality types... so, what's your acronym?

To learn more, click here:

<https://www.16personalities.com/free-personality-test>

Week 1

CHOOSE 1 LETTER FROM EACH LINE:

1. Where, primarily, do you prefer to direct your energy?

EXTROVERSION



If you prefer to direct your energy externally towards people, things, situations, or "the outer world", then your preference is for **Extroversion**. This is denoted by the letter "E"

INTROVERSION



If you prefer to direct your energy internally towards ideas, information, explanations or beliefs, or "the inner world", then your preference is for **Introversion**. This is denoted by the letter "I"

2. How do you prefer to process information?

SENSING



If you prefer to deal with the hard facts, what you know, or prefer to have clarity on situations, your preference is for **Sensing**. This is denoted by the letter "S"

INTUITION



If you prefer to deal with ideas, the unknown or to explore new possibilities and anticipate the intangible, your preference is for **Intuition**. This is denoted by the letter "N"

3. How do you prefer to make decisions?

THINKING



If you prefer to decide based on an analytic approach through detached logic, your preference is for **Thinking**. This is denoted by the letter "T"

FEELING



If you prefer to decide based on personal values and beliefs, or what others care about, then your preference is for **Feeling**. This is denoted by the letter "F"

4. How do you prefer to organise your life?

JUDGING



If you like your life to be stable, planned and organised, your preference is for **Judging** (not being 'Judgmental'). This is denoted by the letter "J"

PERCEPTION



If you like to go with the flow and be flexible and respond to situations as they arise, your preference is for **Perception**. This is denoted by the letter "P"

Week 1

WHICH ONE OF THESE IS YOU?

ISTJ



The Examiner

Suitable Jobs

- Business executives
- Administrators & Managers
- Accountants
- Police
- Detectives

ISFJ



The Defender

Suitable Jobs

- Counselors
- Nurses
- Curators
- Social Workers
- Librarians

ISTP



The Craftsman

Suitable Jobs

- Detectives
- Computer Programmers
- Pilots
- Paramedics
- Firefighters

ISFP



The Artist

Suitable Jobs

- Artists
- Musicians
- Composers
- Designers
- Teachers

INFJ



The Counselor

Suitable Jobs

- Counselors
- Psychologists
- Dentists
- Doctors
- Writers

INFP



The Dreamer

Suitable Jobs

- Journalists
- Artists
- Writers
- Fine Arts Teachers
- Scientists

INTJ




The Strategist

Suitable Jobs

- Lawyers
- Judges
- Professors
- System Analysts
- Researchers

INTP



The Architect

Suitable Jobs

- Physicists
- Chemists
- Biologists
- Photographers
- Surveyors

ESTJ



The Supervisor

Suitable Jobs

- Military
- Managers
- Business Administrators
- Financial Officer
- Judges

ESFJ



The Provider

Suitable Jobs

- Nurses
- Teachers
- Child-care Providers
- Secretaries
- Receptionists

ESTP



The Promoter

Suitable Jobs

- Sales Representatives
- Marketers
- Entrepreneurs
- Technical Support Providers
- Comedians

ESFP



The Performer

Suitable Jobs

- Actors
- Painters
- Comedians
- HR Managers
- Musicians

ENFJ



The Teacher

Suitable Jobs

- Teachers
- Consultants
- Politicians
- Event Coordinators
- Designers

ENFP



The Champion

Suitable Jobs

- Television Reporters
- Marketers
- Actors
- Journalists
- Writers

ENTJ




The Maverick

Suitable Jobs

- Business Executives
- CEOs
- Entrepreneurs
- Politicians
- Lawyers

ENTP



The Inventor

Suitable Jobs

- Engineers
- Scientists
- Computer Programmers
- Designers
- Journalists

Week 1

WILD HEART, WHAT'S
YOUR MYERS-BRIGGS
ACRONYM?

