

Chapter 2 – Practice Day 5

Moving on, you now work on the sharp and flat notes on the 1st string.

Again, these notes fall on the same frets as the 6th-string notes, so you can use your previous knowledge as a reference.

If it helps, you can play the notes on the 6th string first as a review, then play them on the 1st string.

When doing so, you might find you don't even need to look at the fretboards below, you can already play the notes from memory.

Have fun working on these accidentals on the 1st string as you expand your fretboard knowledge in the practice room.

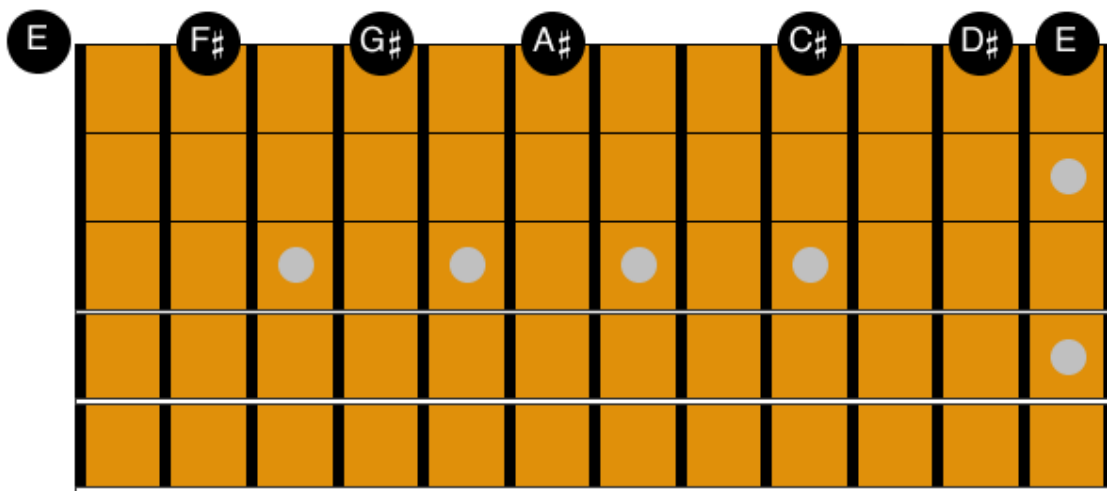
Exercise 1 – 5 Minutes

Here's the first exercise for today, where you spend 5 minutes playing the sharp notes on the 1st string, with the E as a reference point.

Work this scale up and down, memorize the notes as fast as possible, then play without looking as well.

If you get done early, start to improvise around these notes.

As always, say the notes out loud and sing along for maximum benefit.



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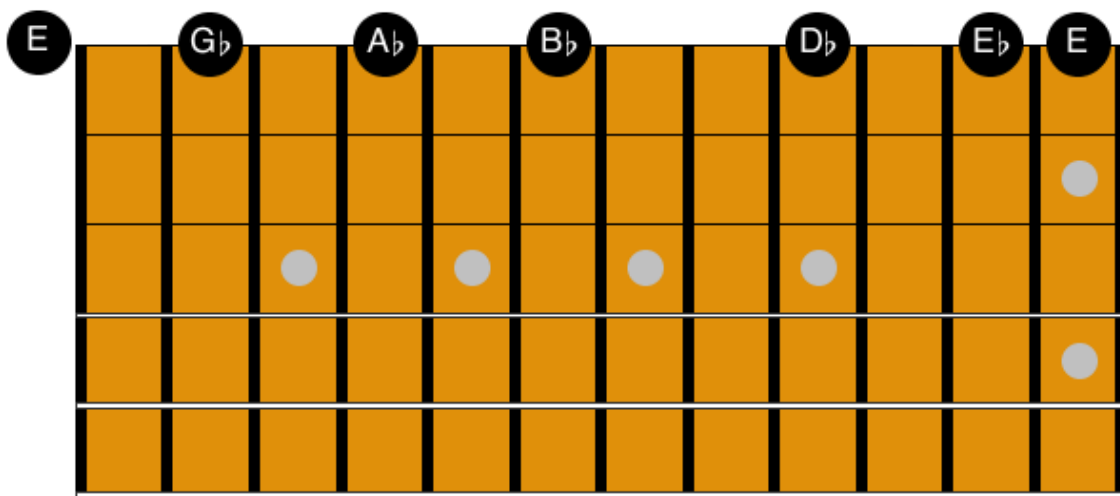
Exercise 2 – 5 Minutes

Here's the second exercise for today, where you spend 5 minutes playing the flat notes on the 1st string, with the E as a reference point.

Work this scale up and down, memorize the notes as fast as possible, then play without looking as well.

If you get done early, start to improvise around these notes.

As always, say the notes out loud and sing along for maximum benefit.



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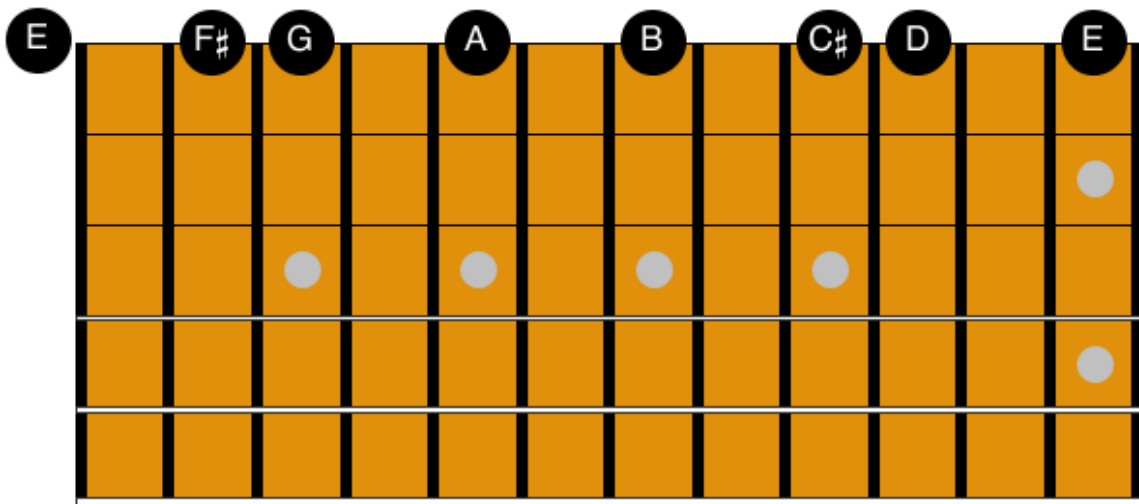
Exercise 3 – 5 Minutes

Here's the final exercise for today, where you spend 5 minutes playing the D major scale on the 1st string.

Work this scale up and down, memorize the notes as fast as possible, then play without looking as well.

If you get done early, start to improvise around these notes.

As always, say the notes out loud and sing along for maximum benefit.



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