

Reclaim YOUR Freedom Online Workshop
Transcript

Lesson 11 – The Path To Freedom Model©
Framework

We have a lot to get through now, so I'm going to go straight into this thing here and we'll build this up. Don't worry about your notes for now. We'll come back to notes later. This thing here, then is the framework for the Path to Freedom Model©. Some of you've seen this before... but I've been working on this for quite a number of years and every time I see it I see something new anyway.

Basically, two axis: society's expectations and soul energy. We use society's expectations as you see what's on that, what's blocking, stopping you, a lot of that sits there. On the one hand we have **conformance and compliance**. That I've heard as a common theme right through here, “I feel I need to conform and comply to what's expected of me.

And I'm expected to struggle in starting up a new business. Everyone said to me oh, you shouldn't do it like this. You should do it like that. You need to conform to the way it's always been done. Who do you think you are to actually break the mold of how things should be done?” Conformance compliance, it's right there.

The same as conformance compliance, well this is how relationships should look. This is how you should behave in a relationship, conformance, compliance.

On the other hand we have over here **independence and liberation**. So we have independent and liberation. This is where the soul soars over there. This is where we struggle.





Down here... **integration** "I am" is I am one with God, I am God, I am the creator energy, I am spirit. The soul and I are one and the same. Oh, that doesn't serve the most powerful name organization on the planet which is organized religion, the Catholic Church. Oh my god, what do you mean you are one with God?

How on earth can we make you feel guilty and how do we get money out of you? Through **separation**. So everything conspires around organized religion to create that separation from your soul aspect... that the only way back to God is through me, is through us, the organization.

So here we have conspiracy from religious organizations to separate us from who we really are, and here we have society and laws restricting our freedom and independence.

That's kind of what the model came out as. That's what I was given by spirit, this model. So we'll look at this and travel around. It goes one, two, three, four and back up.

This here we talk about **control** and there's stuff on the board there on control. I feel under control. I'm lacking control. I feel I need to take back control, stuff like that.

That's the **axis of control**. Here we feel totally under control and there is the opposite, so it's this way here. So, again we build that up. Total control is when we falling under rules and regulations and we've been separated from who we are as soul beings, then we can be manipulated and completely controlled by others. Because who am I then?

On the other hand that's where **freedom** is up there... where we come in. I'm liberated, my soul energy is liberated, I am one with God, I'm one with spirit, I am spirit, I am God. That Shirley MacLaine book/movie *Out on a Limb* is great for that here. I am God! I can't say that, I can't say that, and her teacher says, say it, I am God. No, no, no, no. I am God.





Eventually she said, I am God, because yes, every single cell of me is God, everything is God everything. It's all the same. Who am I to say I'm not? Oh you are not worthy of it. Who do you think you are to say that? Yeah, so we've got to believe that I am. I am one. And then over here of course is when we find that independence and liberation.

I'm not saying... this is independence and liberation from having to conform. It's not saying I'm going to break all the laws. It's liberation from oh I feel so exhausted by having these laws around me. I'm just go with the flow. So it's not surrender in terms of I give up.

It's a case of like in the Matrix... with Neo... The matrix sits down here, there's the matrix, and he had to go through and break out of the matrix to find that freedom. But in that freedom he was completely bound by universal laws, different types of laws.

Down there, life becomes quite **meaningless** where all I am is just told what to believe, what to think, how to behave, what a good boy means, what a good girl means.

If I do this, I'm going to hell. If I don't do that, I'm not going to go blah, blah. Who am I in this picture? Where do I fit in? I don't anymore. I'm just... where is me. I don't know who I am anymore. Where is the soul? Screaming to get out. So what's happening up there then? That's **meaninglessness**.

What takes up there? **Purpose**. I love the Hawaiian word, *kuleana*. When I know my purpose, I have a responsibility and a duty to fulfill that purpose. That is why I am here. I am here for a purpose. I know what my purpose is, I have a duty to fulfill that purpose. The soul energy is completely integrated.

I am going to step into my power, into my purpose, and I'm going to manifest the glory of the God within me. That's my purpose.





What happens here, then? What keeps us there? Rules, regulations. What holds us in that place? Laws. Those are things but what's the emotional energy around that?

All the laws of the land, if you do this, you're going to jail, if you don't do that you're going to get fined, if you speed you are going to get booked. We are **fear-based** compliance. Everything is fear-based our compliance. And you then tie that in with of course the church stuff. If you are a naughty girl, you don't come to church every Sunday morning and have a meaningless life you're going to hell, fear-based.

So what sits over here? How do we get there? **Courage**. You have to have courage. Just have courage. Just do it. Trust, have the courage to step into that space. Have the courage.

