

ThorTeaches.com CISSP® and CISM® Mnemonics

(ISC)² Ethics: PAPA = Protect, Act, Provide, Advance.

CIA: Confidentiality, Integrity, Availability (opposite of DAD).

Due Diligence: Do Detect | **Due Care:** Do correct.

Security Labels: "U Should Count Six Tauntauns" = Unclassified,

Sensitive But Unclassified, **C**lassified, **S**ecret, **T**op Secret.

Defense in Depth: Layering, or Onion defense.



Security through obscurity: Data Hiding.

RMF: "Crime Scene Investigators Always Act Modestly" = Categorize,

Select, Implement, Assess, Authorize, Maintain.

COBIT: Has IT in it; IT governance.

Quantitative Risk Analysis:

ALE= SLE x ARO: ArROw SLEd = ALE is beer, so "A Drunk guy shooting arrows on a sled".

SLE = AV x EF: (Mario saying): "I've got something up my sleav-ef".

ISO: "Raging Crackheads Risk Health" = Requirements, Code of practice, Risk

Management, Health (ISO27001, 27002, 27005, 27799).

Security Models: Simple/R = read; */W = write; U = UP; D = DOWN

Bell LaPadula: Confidentiality – Simple N R U || * N W D || Strong * N R/W

U/D.

Biba: Integrity – Simple N R D | | * N W U | | Invocation N R/W U.

Access Control types: 2C - 3D - PR = corrective compensating, detective

deterrent directive, preventative recovering.

Hashing: HA or MD in the name.

Asymmetric: DEREK-Q = Diffie, El Gamal, RSA, ECC, Knapsack, Quantum.

Symmetric: 23BRAIDS = 2fish, 3DES, Blowfish, RC5, AES, IDEA, DES, Skipjack.



Ciphers: Stream = RC4 / Block - Everything else.

Fire Extinguisher Classes: A (Ash) Combustible, B (Boil) Liquid, C (Current)

Electrical, **D** (Dent) Metal, **K** (Kitchen) Oil/Fat.

CPU Pipelining order: FDEW = **F**etch, **D**ecode, **E**xecute, **W**rite.

OSI Model:

Physical, Datalink, Network, Transport, Session, Presentation, Application.

Layer 1-7: Please Do Not Throw Sausage Pizza Away.

Layer 7-1: All People Seem To Need Data Processing.

TCP/IP Model:

NITA - Network access, Internet, Transport, Application.







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Threat Modeling:

STRIDE: Spoofing, **T**ampering, **R**epudiation, **I**nformation disclosure, **D**oS, **E**scalation of privilege.

DREAD: Damage, Reproducibility, Exploitability, Affected users, Discoverability.

4 Ds of Physical Security: Deter \rightarrow **Deny** \rightarrow **Detect** \rightarrow **Delay**.

Evaluation Assurance Level (EAL):

FSMM-SSF: For Sure My Mother-So Sweet Forever.

Fun Stress Method Medical-Doctors Seem Somewhat Verifiably Foolish.

Functionally, Structurally, Methodically, Methodically Designed, Semi-formally, Semi-formally Designed, Verified, Formally Verified.

Multi-Factor Authentication:

Something you **know**, something you **have**, something you **are**.

Incident Response Forensics: PDRMR3L = Prepare, Detect, Response, Mitigate, Reporting, Recovery, Remediation, Lesson Learned.



IDEAL: Initiating, Diagnosing, Establishing, Acting, Learning.

DHCP: DORA - Discover, Offer, Request, ACK.

The Ring Model: -VM KODU = -1 VM hosts, 0 Kernel, 1 Operating System, 2 Drivers, 3 User.

TCP Header Flags: URG ACK PSH RST SYN FIN = Unskilled Attackers Pester Real Security Folks

Digital forensics model: I Prefer Coffee Everytime Anyone Provides Donuts = Identification, Preservation, Collection, Examination, Analysis, Presentation, Decision.

Change Management Steps: RRA/RTID Request, **R**eview, **A**pprove or **R**eject, **T**est, **I**mplement, **D**ocument.

The 7 steps of a cyber-attack: RSA ESA O = Reconnaissance, Scanning, Access and Escalation, Exfiltration, Sustainment, Assault, Obfuscation. BCP Steps: BCP policy \rightarrow BIA \rightarrow Identify preventive controls \rightarrow Develop recovery strategies \rightarrow Develop DRP \rightarrow DRP training/testing \rightarrow BCP/DRP

maintenance



SW-CMM: I Ran Down My Ostrich = Initial, Repeatable, Defined, Managed, Optimized.

SDLC1: IDIOD - Don't be an **IDIOD** = **I**nitiation, **D**esign, **I**mplement, **O**perations, **D**isposal.

SDLC2: "I Reckon All Dem Dere Taters' Really Delicious" = Initiation, Requirements, Architecture, Design, Develop, Testing, Release, Disposal.

ACID: Atomic, Consistency, Isolation, Durability.

