

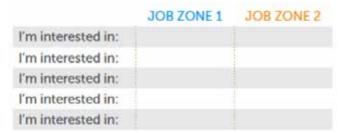
GET INTO THE ZONE: FINDING A CAREER THAT'S RIGHT FOR YOU CONT.

MY NEXT MOVE

- I. Go to the My Next Move website: http://www.mynextmove.org
- 2. Click the Start button under "Tell us what you like to do" on the right side. This will start a self-assessment quiz to help you discover occupations that match your personal preferences.
- **3.** After completing the quiz, you will see a RIASEC profile result like the one in the image below. RIASEC is a widely used system for measuring work preferences.
- 4. Print the results page and keep it for later reference, or write your score here.



- **5.** Click Next to choose the Job Zone you want to explore. Job Zones reflect the experience, education and training an occupation requires. A cashier would be considered Job Zone 1. A lawyer or doctor would be in Job Zone 5.
- **6.** Look through the different job zones.
- 7. Write up to five jobs from each zone in you might be interested in.



	JOB ZONE 3	JOB ZONE 4
I'm interested in:		
	JOB ZONE 5	
I'm interested in:		
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FINDING A CAREER THAT'S RIGHT FOR YOU CONT.

8. Choose one occupation from Job Zone 3 (medium preparation required). You will see a screen like the following one with a lot of information about the occupation.



This is just a screenshot. To see more go to the http://www.mynextmove.org website.

9. Work with a partner to answer the following questions about the occupation you chose. You can find information about your choice through the "Check out my state," "Local Salary Info," and "Find Training" buttons on the page.



Adapted from My Next Move Worksheet from the Young Adult Career Development Curriculum, 2013

Occupation Review

Hopefully, you discovered several career options that sparked your interest. Choose the seven occupations that interest you the most and complete the following brief chart. For each job, use the following websites:

www.mynextmove.org | www.jobzone.ny.gov | www.careeronestop.org | www.myskillsmyfuture.org

MODULE 3.1 HANDOUT #2 PAGE 8



FINDING A CAREER THAT'S RIGHT FOR YOU CONT.

OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			

MODULE 3.1 HANDOUT #2 PAGE 9

FINDING A CAREER THAT'S RIGHT FOR YOU CONT.

	:		
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION	t e		
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION	•		
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION	\$ E		
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at	i.		
OCCUPATION	1		
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at			
OCCUPATION			
I'm interested in this occupation because			
I can expect to earn	Entry	Median	High
Education / training needed			
I can get the education / training at	i		