

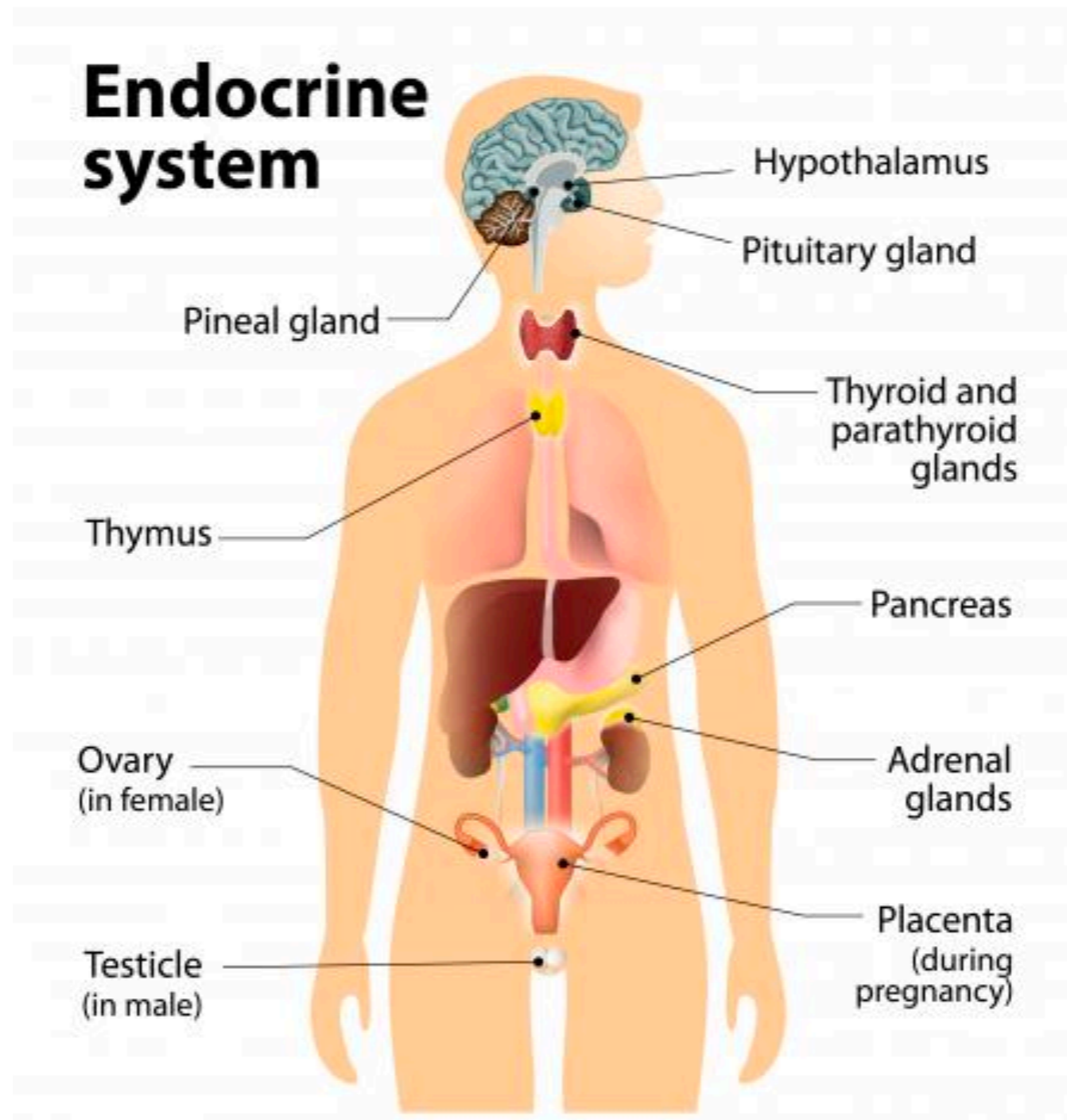


PCOS SUCCESS:

ENVIRONMENTAL TOXINS

“Exposure to environmental toxins in utero may potentially turn on PCOS genes”

Endocrine disruptors are chemicals that may interfere with the body's endocrine system and produce adverse developmental, reproductive, neurological, and immune effects in both humans and wildlife.



How they work...

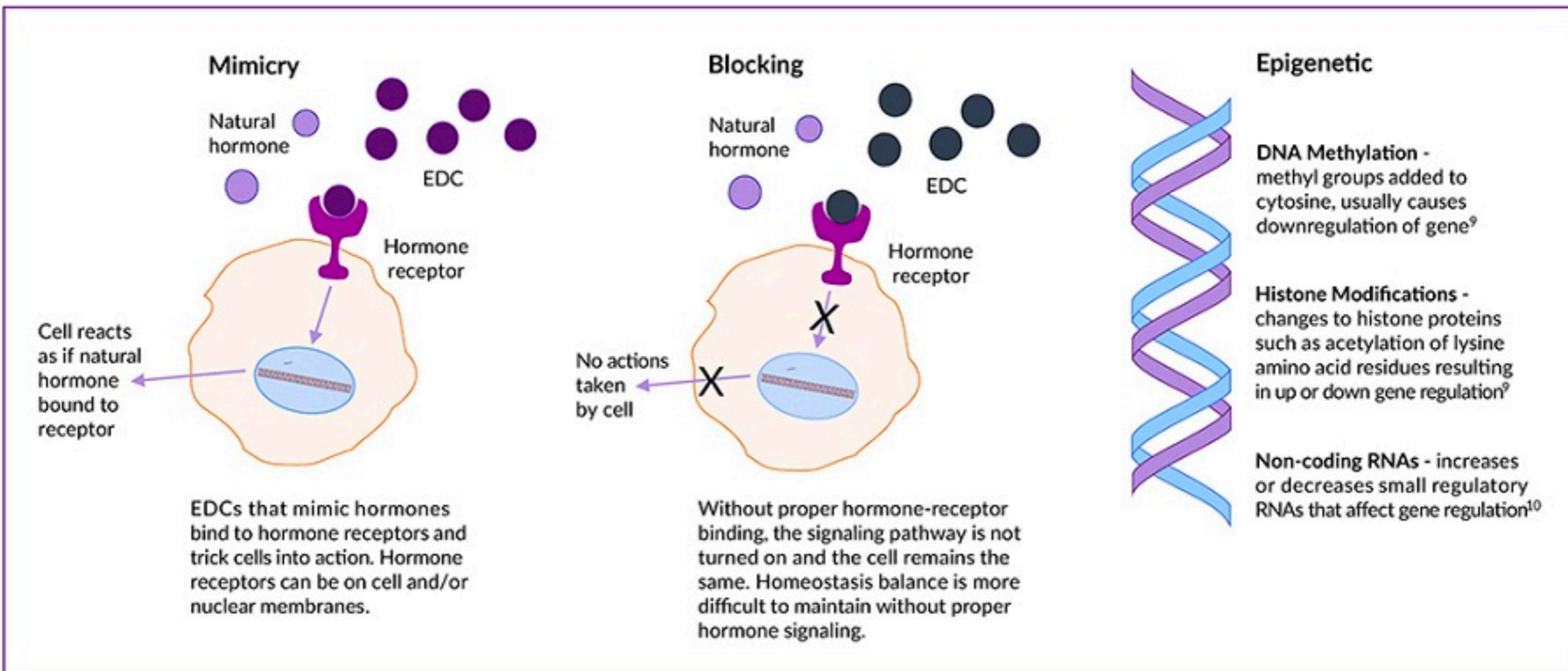
Mimicry



Blocking



Epigenetic



Common 'Toxins'

Pesticides

Heavy metals

Phthalates

Parabens

Plastics

Glyphosate

VOC's

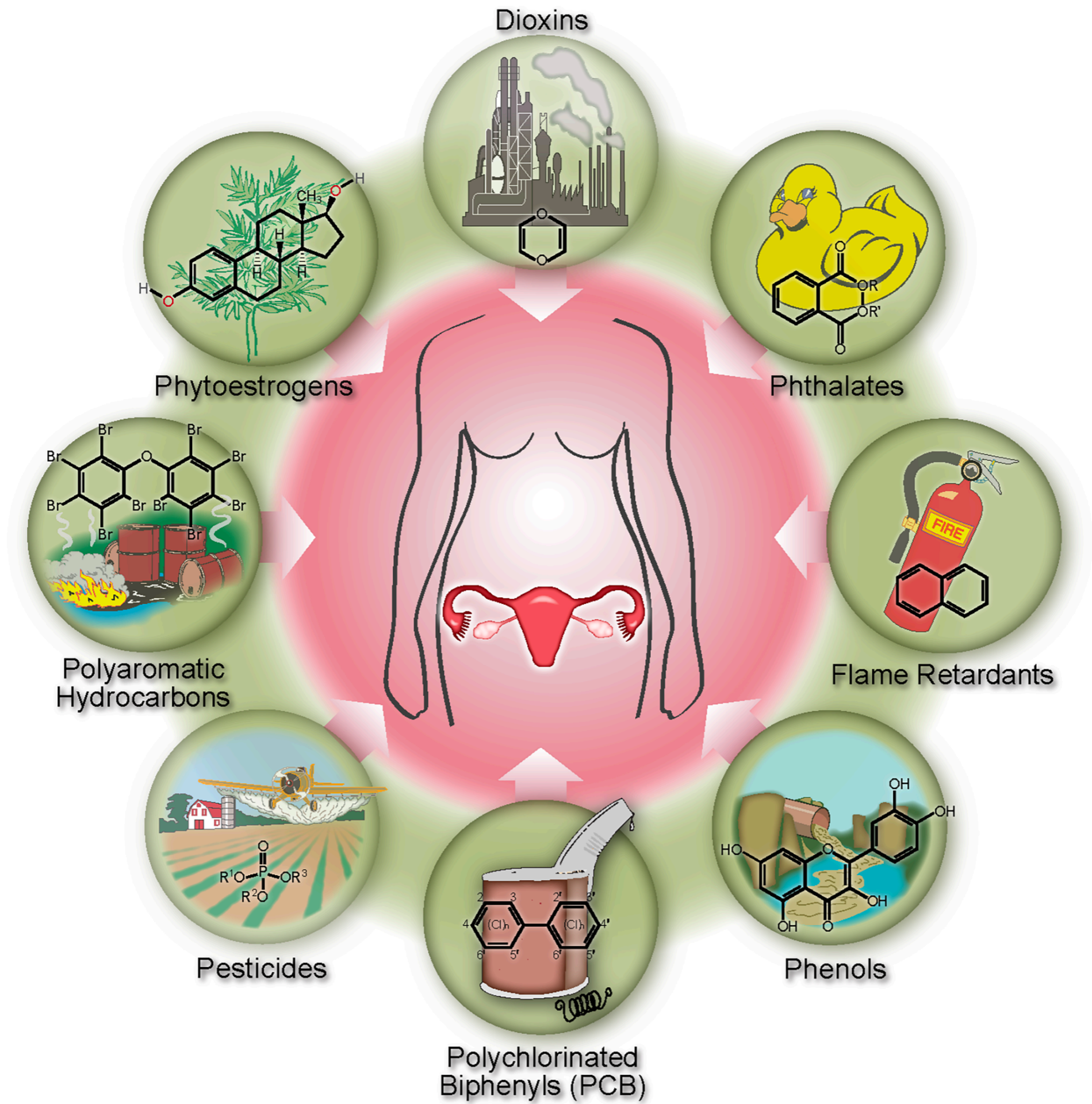
Flame retardants

Dioxins

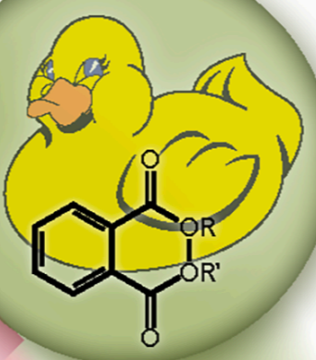
Formaldehyde

Halogens

Mycotoxins



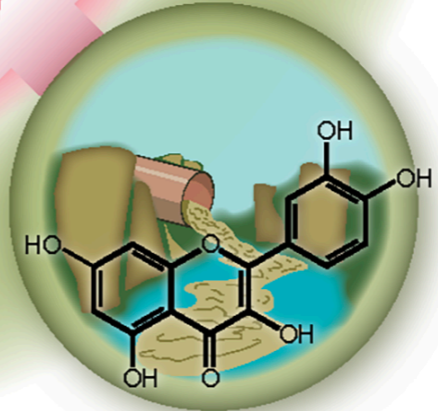
Dioxins



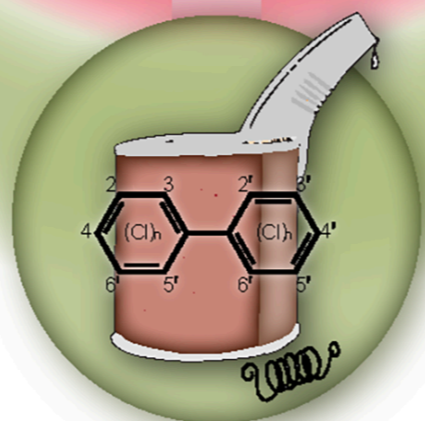
Phthalates



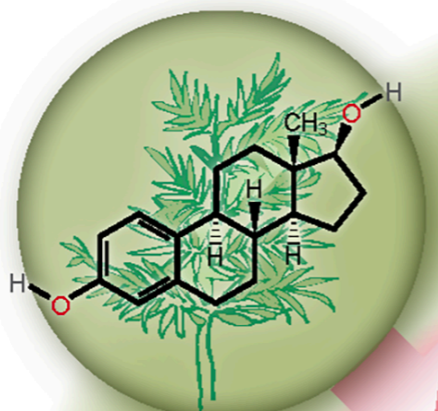
Flame Retardants



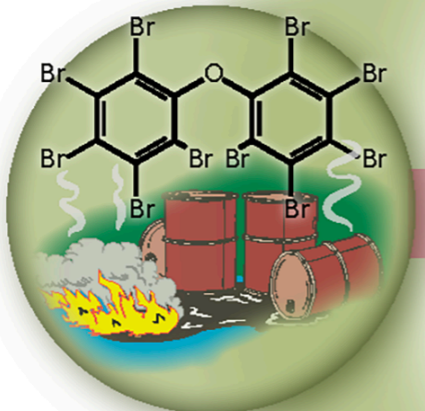
Phenols



Polychlorinated Biphenyls (PCB)



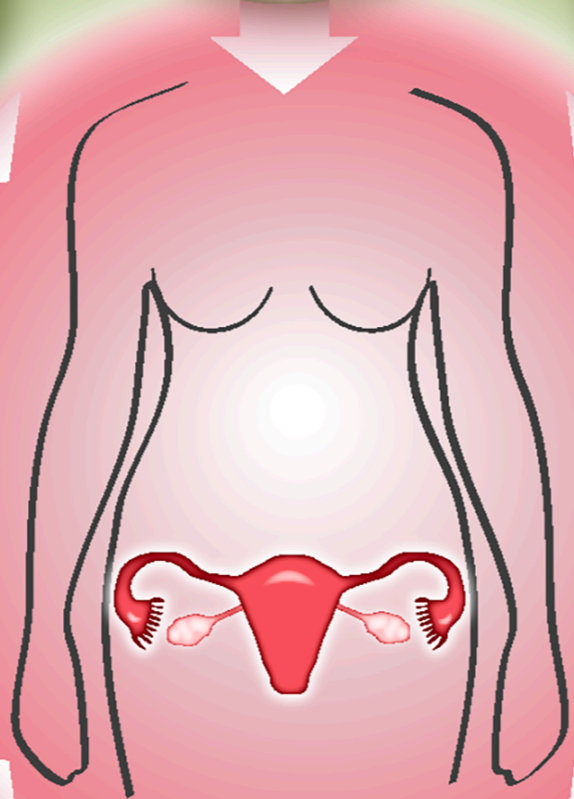
Phytoestrogens



Polyaromatic Hydrocarbons



Pesticides



Common Sources

Non organic food

Skincare/makeup

Sanitary products

Non stick pans

Kitchenware

Tap water

EMF's

Air pollution

'Fire proof' furniture

Swimming pools

Factory farmed meat

Mouldy buildings

What Happens in PCOS?

Exposure during foetal development



'Turns on' PCOS genes



Abnormal detoxification for any
ongoing exposures



High androgens / Impaired ovulation
Typical symptoms occur