

Week 1

Wild
Hearted
Words

A top-down view of a woman sitting on a pink and white patterned picnic blanket. She is wearing a light-colored straw hat with a dark band and a white short-sleeved top. She is holding a pen and writing in a spiral-bound notebook with a decorative cover. To her right is a silver laptop, a white mug, and a small basket containing a patterned cloth. The background shows a blurred outdoor setting with a green and white patterned cushion and a white bag with a floral pattern.

*Mary Morrissey's
Dreambuilding
Requirements*

Week 1

YOUR BIG WHY

Too often, when people become intuitively aware of something they deeply want in their life, they quickly jump to the question, "How can I make this happen?"

When you set out on your dreambuilding path, the first question you should ask is not "how," but rather "Why do I want this?"

When you get in touch with your "Why," which is your passion and the deep driving desire for what you want, something magical happens.

Getting clear on your "Why" puts on you the same feeling tone, also known as vibration, as your dream. By connecting to the vibration of your dream, you begin to access what Thomas Edison called, "The Land of the Solution."

As you get emotionally involved with your "Why," by Universal Law, you will begin to see the "How's" show up in your life. You will begin to receive ideas, resources and connections, that will transform your dream into a reality.

Remember, you cannot get to your dream. You must come from it.
How do you come "from" it?

That's easy, you get clear on your "Why."

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WHAT DOES YOUR DREAM NEED TO HAVE?

Here's how *Mary Morrissey* believes you should "Put Your Dream to the Test." Ask these 5 questions to see if your dream is right for you! (On the next page, I've added a couple of additional musings, too.)

- 1. Does this dream make you feel more alive?**
- 2. Does this dream align with your core values?**
- 3. Does this dream require that you grow?**
- 4. Do you need help from a Higher Power for this dream to happen?**
- 5. Does this dream bring good to others?**

Week 1

WILD HEART...

- 1. Does your dream ask you to be bold?**
- 2. Does your dream ask you to believe in yourself?**
- 3. Does this dream encourage you take thoughtful chances?**
- 4. Are you ready to see how luck favors the prepared?**
- 5. Are you ready to commit to your dreams?**