

## **MODULE SIX**

Connect The Dots And Shine Your Light



Copyright © 2020 Ying Yang | All Rights Reserved

## Introduction

One of the most difficult tasks in life is to truly know yourself. We all experience that we can be our own best friends and also the worst enemies.

The deeper we go inwards to understand ourselves, the further we can reach out to the world and make a more profound impact; deep down we know that all the answers are within us and that we are the missing puzzle we keep searching in our lives.

The quality of your life is based on the quality of the questions that we ask ourselves. In this module, you will be challenged with around 50 deep and profound questions, which help you to bring out the best version of yourself.

You are going to dive deep into yourselves and this will probably be the first time in your life that you spend hours getting to know yourself. So, enjoy the journey and let's begin!

:)

Copyright © 2020 Ying Yang | All Rights Reserved