

nigel b patterson

rediscover Ancient Wisdom - restore Inner Peace - reclaim Freedom



The Eagle's Gift

I am already given to power that rules my fate.

And I cling to nothing, so I will have nothing to defend.

I have no thoughts, so I will see.

I fear nothing, so I will remember myself.

Detached and at ease,

I will dart past the Eagle to be free.

(Carlos Castaneda - The Eagle's Gift)