

故事對兒童發展的重要性



美國兒科學會

American Academy of Pediatrics(AAP)





講故事對小朋友的好處

1. 提升理解能力及創意
2. 提升語言能力
3. 促進人際關係及情緒管理
4. 傳遞生活智慧



A portrait of Dr. Rita Charon, a woman with short brown hair, wearing a grey cardigan and a patterned scarf, sitting at a white table with her arms crossed. The background is a bright, out-of-focus indoor setting.

Dr. Rita Charon

Founder of the field of
narrative medicine and
Professor and Chair of
the Department of Medical
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