# The Life Cycle of Relationships

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#### Disclaimer

• Intro

• Who is Dr. Dave

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#### Objectives

- Myths & Biases
- Mind Mapping
- Relationship Cycles
- Now What

#### Myths & Biases

- Soul mates
- Not Compatible
- Can't Communicate



• 50 - 50

• Why would you get married?





### Realities

• Growing Machine

• Forces you to grow up

• Nobody is ready for committed relationships

## The Brain

- Loves patterns
- Categories
- We are wired to map others
  - Desires and intensions
  - Deceptions



## Mind Mapping

- Reads others desires
- It's a survival skill
- Used to thwart others desires
- Or deceive others

















<u>Carol Burnett Wrong Number</u>