

Maneuvering with Neutrality & Alignment During The Next Wave Of Unfoldments!

The choice was ours to make in participating in shaping our life, reality and world.

You chose not to sit back and watch our life and the world just unfold. Instead you have made the choice to take action and be and play the role you came here to play.

You coming into yourself and stepping up is significantly impacting the way we get to experience our personal, collective life, and world/playground.

You came here to shine and utilize the power within you, now it is time to bring it forth no matter what is being presented in our collective movie.

It is exciting for all that is unfolding, sure the illusion of fear can show up, we are not here to entertain fear and it's associated friends any longer.

You are the human super hero!

As things continue to ramp up the more we will be shining!

You are not here to survive and put in time, you are here to be an active contributor, the highest expression of humanity, and to roll out the higher expression of this playground we call earth.

Neutrality & alignment has been great misunderstood and underrated.

Most of us do not realize the power, freedom, ease and expanded opportunity available when functioning in neutrality and alignment.

A process to access your higher state and step into your ready state.

What is actually transpiring and how it involves us collectively

Taking a more active role, how does that look, let us play with a process around being a more conscious role player

Shifting the physical/emotional impact (Process)

The responses of others, the choice we have, and how to take a lead

Our responsibility/role during this time (Practice exercise)

Utilizing the energies and codes streaming in (Process)

Aligning with our authentic self (Process)

The three parts or stages to being in "True Alignment" with anything:

1. **Belief** – A desire for something to be true (Ego mind)
2. **Knowing** – More heart based feeling of truth
3. **Being** – Full embodiment of your truth in every moment

Releasing fear (Process)

The next level of clearing, where it doesn't have to be difficult and is more efficient and fun.

Writing things down, it is highly important for it makes the process more effective.

Observe what is coming up, write it down if all possible, it is not as effective doing it in your head.

Acknowledge and accept the experience, what role it played out, what was involved and the people involved.

Appreciate the experience

Look at all you have experienced

What you have learned from it

How it shaped you and how it provided you to have the opportunity to bring a more powerful you and clear out the past

Appreciate the capability of such a creation

Go into a state of pure love for the experience, the scenario and the people involved.

Spend time in that state of love!

Feel love for yourself!

Now the next fun part!

See it as an experience, a fun experience, a role in a movie.

Write the experience as a movie script.

Make an alternate movie script. A script involving a different choice, a more empowered one if it is fitting.

Write out the scenario, what the people involved would say. What they really wanted to say if the other script was not offered.

Important, there is no right and wrong in anything, just roles, scenarios and experiences, which all serve at the time.

Get excited and use your imagination as you are writing your script for the movie.

A look at default patterns and a way to shift it

Write out the pattern

List out the benefits and the limitations provided by the pattern

Have no judgement for the pattern

See the pattern as way to have a particular experience
which you are now free to chose a new experience

Write out how you would like to shift it, in fact write out
your new way of being in the involved scenario and or
experience.

Exercise and play out the way of being with the new
pattern or without the pattern.

Addressing possible physical issues in the same fashion

A look at what you are experiencing, write it out in detail

List out the benefits and the limitations provided by the physical issue

Write out possible judgment you may have about what is playing out

Let go of the judgment with appreciation and love

See the physical issue as way to have a particular experience which you are now free to chose a new experience

Write out how you would like to shift it, write out your new way of being in the involved scenario and or experience.

Exercise and play out the way of being in your physical state in your mind with all the new potentialities, this map things out and provide new instructions to the body.

Be okay with the degree of change you may have along the way, while maintaining the vision of having a different experience.

Be playful with it.

The body is quite powerful and capable.

Recognizing buttons being pushed and the opportunities
it's providing

Accessing the power of presence

Utilizing our most powerful state

The power we have of being human

Meditation/Activation