



A BETTER ATTITUDE

Be Transformed, Part 3
Pastor Andy Wood
June 9, 2024

Bible verses to study: Romans 12:3-8.

Bible verses to memorize: Romans 12:9-13.

What is an attitude?

My thoughts, feelings, and responses to someone or something.

A bad attitude includes:

fragility, frustration, annoyance, volatility, or meanness.

A better perspective plus a _____ heart leads to a transformed attitude.

“For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you. Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others. We have different gifts, according to the grace given us. If a man’s gift is prophesying, let him use it in proportion to his faith. If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.”

Romans 12:3–8 (NIV84)

How to Adjust My Attitude (with God’s help):

1. Be _____.

“For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.”

Romans 12:3 (NIV84)

- **Get beyond myself.**

“We have different gifts, according to the grace given us. If a man’s gift is prophesying, let him use it in proportion to his faith.”

Romans 12:6 (NIV84)

2. Be _____.

- **Own my unique _____.**

“If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.”

Romans 12:7–8 (NIV84)

3. Keep _____.

“If a man’s gift is prophesying, let him use it in proportion to his faith.”

Romans 12:6b (NIV84)

- **Respond with love in action.**

Take your next step!



1. softer 2. humble 3. helpful
4. contribution 5. moving



更好的態度

轉化生命 (三)

胡安迪牧師

2024年6月9日

研習經文：羅馬書 12 章 3-8 節

背誦經文：羅馬書 12 章 9-13 節

「態度」是甚麼？

我對某人某事的想法、感受、反應

不好的態度，包括：

脆弱、沮喪、煩躁、波動、刻薄

更好的觀點，加上_____的心，會帶來態度的轉化

「我藉著神賜我的恩典，對你們各人說：不要對自己評價過高，超過所應有的評價，倒要按著神量給各人的信心，中肯地評價自己。這就正如我們一個身體上有許多肢體，各肢體不都有一樣的功能；照樣，我們這許多人在基督裡是一個身體，而且每一個都是彼此的肢體。按著所賜給我們的恩典，我們各有不同的恩賜：或是說預言的，就要按著說預言的信心去說；或是服侍的，就要專一服侍；或是教導的，就要專一教導；或是勸勉的，就要專一勸勉；是施與的，就要實心實意；是治理的，就要殷勤；是憐憫人的，就要樂意。」

羅馬書 12:3-8 (新漢語譯本)

如何調整我的態度 (藉上帝的幫助)

1. 要_____

「我藉著神賜我的恩典，對你們各人說：不要對自己評價過高，超過所應有的評價，倒要按著神量給各人的信心，中肯地評價自己。」

羅馬書 12:3 (新漢語譯本)

- 要超越自我

「按著所賜給我們的恩典，我們各有不同的恩賜：或是說預言的，就要按著說預言的信心去說。」

羅馬書 12:6 (新漢語譯本)

2. 要_____

- 擁抱自己獨特的_____

「或是服侍的，就要專一服侍；或是教導的，就要專一教導；或是勸勉的，就要專一勸勉；是施與的，就要實心實意；是治理的，就要殷勤；是憐憫人的，就要樂意。」

羅馬書 12:7-8 (新漢語譯本)

3. 繼續_____

「或是說預言的，就要按著說預言的信心去說。」

羅馬書 12:6 下 (新漢語譯本)

- 用愛的行動來回應

邁出你的下一步！



1. 更柔和 2. 謙卑 3. 樂於助人 4. 貢獻 5. 前行