

# MODULE 1

## Lesson 1

# Self-reflection

To Determine Who Will We Be Compatible With



### Steps to do self-reflection

Find a quiet time for yourself.

Trust Allah SWT & Connect with Him

Answer the questions in our MML course

Spend time with Allah to help guide you through the process

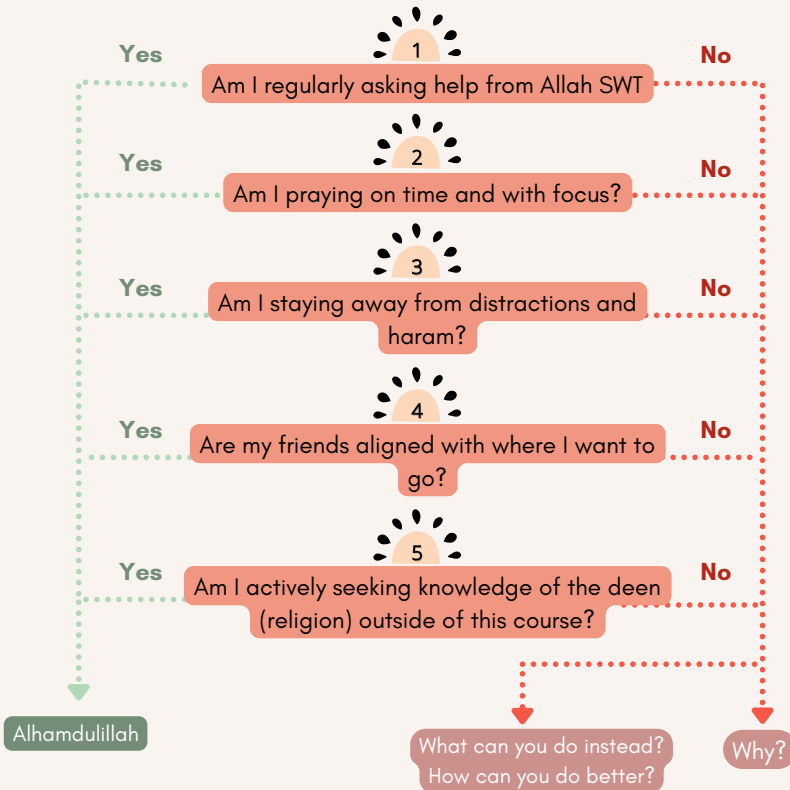
as honestly as you can

# MODULE 1

## Lesson 2

# The Promise of Allah SWT

## Ways to get reward from Allah SWT



# MODULE 1

## Lesson 3

# Are you Ready for Marriage?

Ask yourself these questions

1

Is my quest for a spouse influenced by the pressure from anyone else or anywhere?

2

What is my idea of a married life?

3

Do I feel confident and happy with myself?

8

Do I know the qualities of a great mother?

4

What example of marriage was I given by my parents?

7

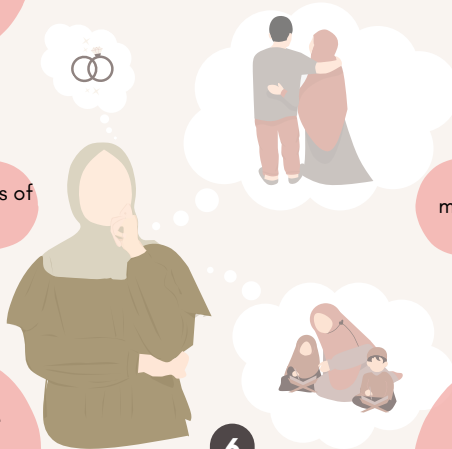
Are my ideas of what a great wife influenced by society or are they based on Islamic principles?

6

Do I know the qualities of a great wife?

5

Have I considered all the details of any potential marriage life - after the actual wedding preparation & honeymoon?



# MODULE 1

## Lesson 4

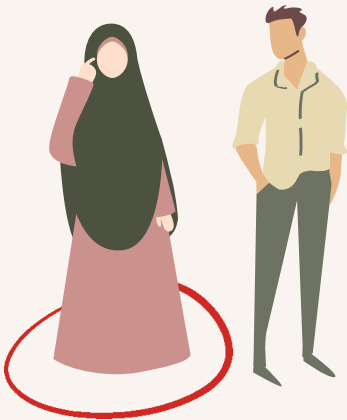
# Determine your's Non-Negotiable

## Setting Your Limits & Boundaries

Recognize who you are compatible with

Able to talk about anything much easier with your future spouse

Discovering your true passion & be clear about what's important to you



something that you cannot imagine living without

something that cannot be compromise & makes you cringe

Must Have	Must NOT Have

Elements to be considered when crafting your non-negotiables

cultural differences

focus more towards personal traits

future life together (eg: living situation, children, etc)

be honest & more specific

# MODULE 1

## Lesson 5

# Personalize your Game

## Create Personalized Questions to Ask Your Potential Spouse

1

Think about your situation & non-negotiables regarding.  
**Ask generally.**

### Follow up questions

"Have you ever considered ....."

"Would you be open to ....."

(eg: regarding living / work situation)

2

**How important is ..... to you?**

"On the scale 1 to 10, how will you rate ....?"



- Fill in the blanks regarding your non-negotiable
- After he answered, you then can tell about your wants
- Then, go deeper on that topic & get more information

# MODULE 1

3

Ask questions to **find out how flexible** the person is. Is he open minded to switch from his personal plan?

TIPS

- Allow him to answer what he honestly feel first
- Don't influence him
- Based on your non-negotiables, ask follow up questions to get more information about him

4

Find out what are they really focused on right now in their life

## Follow up questions

"What is the most important thing in your life right now? Why?"

"How long do you think it will take you to accomplish that part of your life?"

5

Use **QUALITY** Questions.

- Open-ended questions
- Get them to prove, if possible

"Do you pray fajr today?  
If yes, what time was fajr today?"

