



## **Supplies**

- Watercolor Paper (140lbs) or you can use a Cranson XL Mixed Media Journal of the size of your choice
- Paint (inexpensive craft paint is perfect)
- Paintbrushes (variety of sizes)
- Palette, wax paper, or paper plate to put paint on
- Jar of water
- Water Spray Bottle
- Black, White, and Gold Paint Pen (I used uniPosca paint pen but Sharpies work too)
- Paper towel or a rag from an old t-shirt
- Stencils, old gift cards, cylinders, plastic bubble wrap, or anything to make shapes and marks (optional as everything can be done with paintbrushes)
- Some magazines
- Glue stick or Liquitex Medium
- Wax paper (or Parchment Paper – that's all I had! I use it to protect the other pages of my book from the paint running out on them)