



# ASIAN GREEN CABBAGE SLAW WITH BASIL AND GINGER

adapted from [foodfitnessfreshair.com](http://foodfitnessfreshair.com)

## Salad:

Add all this to a large bowl.

1/2 head of cabbage

very thinly sliced (a food processor  
makes this so easy!)

2 garlic cloves, minced

1/2 to 1-inch ginger, peeled and minced

3 medium carrots, shredded

1 small onion, minced

1/3 packed cup basil, sliced into thin  
ribbons

Dressing: Whisk well and toss well with  
veggies.

1/4 cup olive oil

1 Tbsp. toasted sesame oil

1/4 cup unsweetened rice vinegar

1 Tbsp. sugar or honey

1 1/2 Tbsp. soy sauce

Garnish options: Sprinkle on top if desired.

1/4 cup toasted sesame seeds or chopped  
salty peanuts

Red chili pepper flakes



**Recipe Archive, LVFarm Academy**

[www.lowervalleyfarm.com](http://www.lowervalleyfarm.com)