

WELCOME to The Art of Being Certification Program

Congratulations on your commitment to become an embodied coach utilizing the tools in The Art of Being in your own life first, so that you are in a position to guide others to live their lives from the wholeness of their entire being in order to create greater ease & success within relationships, mental, emotional and physical health as well as financial abundance. You are about to embark on 12 months of understanding the tools within The Art of Being at the cellular level, not just the intellectual level, to create your ideal practice with your ideal clients for accelerated results.

ABOUT THE PROGRAM

The Art of Being Certification Program is a comprehensive weekly program for attaining the skills necessary to use the tools of The Art of Being to create a successful life, a successful coaching practice and to coach your clients for expansive results. Here you will have the benefit of having a support system, along with the tools, training, follow-up, accountability and the energy of a POD group all working towards the same goal.

The program is broken down into modules with weekly exercises and actions. There will be emails and virtual coaching, along with weekly calls each month.

- You participate in each weekly lesson in sequential order from the comfort of your own home or office.
- The program lasts for 12 months.
- Class calls are the first 3 weeks of each month. During the class calls, you will be given the lesson and focus for that week. Any questions can be emailed to Tara at TheAcademyofBeing@gmail.com
- You will also participate in one POD group call per week for the first 3 weeks of each month. This group is a very important part of your certification.
- There is a great energy and synergy created by these intimate POD group calls where you will share wins, challenges, acknowledgments, questions, support and expertise with each other.
- You will also receive activities and assignments to support you in your coaching.

WELCOME to The Art of Being Certification Program cont.

- As your facilitator, I am available by email to celebrate your wins, share feedback and answer questions and give inspiration along the way.
- Monthly payments will be automatically processed every 30 days on the 1st of each month for 12 months. Late fees will be assessed for payments that are declined and not rectified within 7 days of due date. (\$75 for the first time and \$100 for each additional time and access to the lesson vault will be paused until all payments are up to date.)
- You may want to purchase a 3 ring binder with section tabs, although all PDF's will be online in the Certification Training Portal.