## PRACTICE LOG

| Day | Minutes |  |
| :---: | :---: | :---: |
| Ex. | 15 | Worked on daily fingerstyle warm-up, finally learned how to plant fingers, still noticing my thumb creeps underneath my hand when I play |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| 6 |  |  |
| 7 |  |  |
| 8 |  |  |
| 9 |  |  |
| 10 |  |  |
| 11 |  |  |
| 12 |  |  |
| 13 |  |  |
| 14 |  |  |
| 15 |  |  |

