

Basslines Chapter 2 – Practice Day 2

Welcome to day 2 of this first bassline chapter as you now apply root note basslines to chord progressions in 3/4 time.

If 3/4 time is new to you, that's totally cool. Go slow, work each exercise for 5 minutes, and don't focus on nailing this time signature today.

3/4 time comes back throughout this course, so you have plenty of opportunity to work this time signature further in the upcoming weeks.

Counting out loud and using a metronome, set to 3/4 time if possible, are two solid ways to help become comfortable with this time signature.

Have fun as you expand your bassline skill set and explore the 3/4 time signature with these three exercises.

Bassline Exercise 1 – 5 Minutes

Here's the first exercise for today's workout, which you'll spend 5 minutes on in the practice room.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the written notes/tab for a few seconds and plan ahead.
- Visualize the root notes on the 6th and 5th strings.
- Play the notes with a slow metronome, or no tempo.
- Work the exercise over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.

Audio Example 4

The image displays a musical exercise for bass guitar in 3/4 time. It consists of two staves: a treble clef staff for chords and a bass clef staff for fingerings. The exercise is divided into four measures, each with a specific chord and a corresponding fingering pattern.

Measure	Chord	Fingering (Bass Staff)
1	Dm ⁷	5
2	G ⁷	3
3	Cmaj ⁷	3
4	A ⁷ (b9)	5

Bassline Exercise 2 – 5 Minutes

Here's the second exercise for today's workout, which you'll spend 5 minutes on in the practice room.

In the first few bars you play two bass notes in a bar of 3/4 time, which can be tricky to count if this is a new rhythm for you.

To help work out that rhythm, subdivide the counting into 8th notes, so you count 1 & 2 & 3 & in each bar.

As you count the 8th notes, you play the first root on beat 1 and the second root note on the & of 2 in those bars.

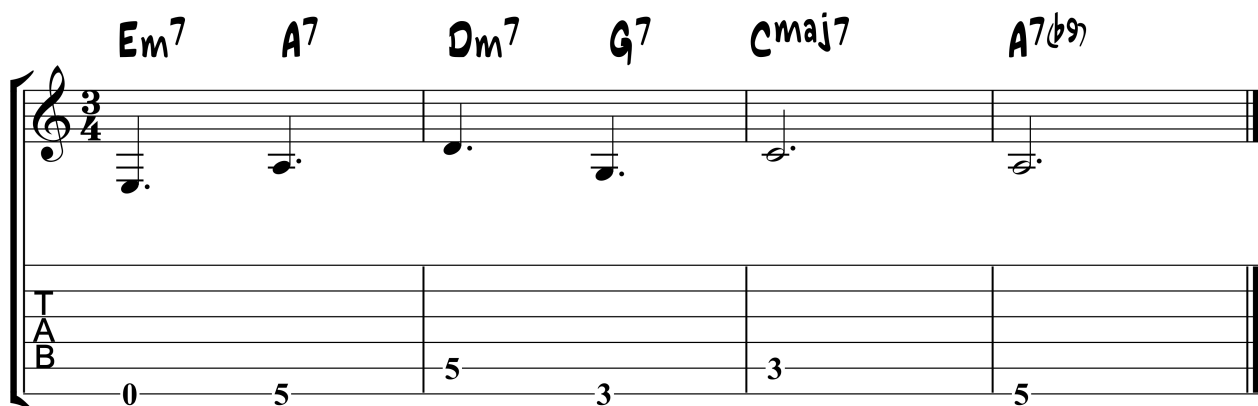
Go slow, count, and subdivide the rhythms in to 8th notes to make those bars more manageable to play accurately and with confidence.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the written notes/tab for a few seconds and plan ahead.
- Visualize the root notes on the 6th and 5th strings.
- Play the notes with a slow metronome, or no tempo.
- Work the exercise over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.

Audio Example 5



Bassline Exercise 3 – 5 Minutes

Here's the final exercise for today's workout, which you'll spend 5 minutes on in the practice room.

The second line is at a more advanced level as far as counting because you're dividing a bar of 3/4 in half.

This means that you play the first note on beat 1, then the second note on the & of 2.

To make this easier to count, subdivide the beats so you count 1 & 2 & 3 & in each bar.

You can also set your metronome to click on the 8th notes, rather than quarter notes, so that you have a click guide when working on this exercise.

Give this your best shot, if it's too tough to count and nail the rhythm right now, no worries, do your best and this counting will get better over time.

Feel free to use 5 minutes a day for a few days working on this one exercise until you get it.

So, next practice session do the 15 minutes from that PDF, then add this on at the end for 5 minutes of review if you have the time.

To help you get the most out of this exercise, here are some tips to get started.

- Look over the written notes/tab for a few seconds and plan ahead.
- Visualize the root notes on the 6th and 5th strings.
- Play the notes with a slow metronome, or no tempo.
- Work the exercise over the backing track if ready.
- Sing along for added benefit.
- Record yourself and listen back for instant feedback.
- Enjoy yourself!

Have fun with this exercise, and remember, set a timer and stop after 5 minutes so you get a full, well-rounded workout in today.

Audio Example 6

Cmaj7 A7(b9) Dm7 G7

3 5 5 3

Em7 A7 Dm7 G7 Cmaj7 A7(b9) Dm7 G7

0 5 5 3 3 5 5 3