



V 6.3 2025

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	A	B	C
37	PREP CONTINUED:-	CLIENT:	Page 2
38	DATE:		
39	PREP 1 ONLY		
40	FOGS		
41	1. FOG -	Stress (INT / EXT / UNI)	
42	2. Deep FOG -	Fear (INT / EXT / UNI)	
43	3. MUD -	Disconnect (INT / EXT / UNI)	
44	4. Destructive -	Weakness (INT / EXT / UNI)	
45	5. 5th Element -	Impurity (INT / EXT / UNI)	
46	6. Void of Golden Thread -	Block (INT / EXT / UNI)	
47	7. Outer / Beyond -	Negativity (INT / EXT / UNI)	
48	8. Seed -	Illusion (INT / EXT / UNI)	
49	9. Eternity -	Limbo (INT / EXT / UNI)	
50			
51	ADVANCED ADDITIONAL TESTING:		
52	<u>PROCESS / BODY FUNCTION</u>		
53	<u>STRUCTURE</u>		
54	<u>NEUROLOGICAL</u>		
55	<u>BIOCHEMICAL</u>		
56	Gut Sensitivity	L _____ / 10 - Gluten / Wheat / Dairy / Processed Sugars	
57		Caffeine / Processed Foods / Alcohol / None / Other -	
58	Toxicity & Pineal	Toxicity L _____ / 10; Pineal L _____ / 10;	
59	GIT & Systemic	Bacterial / Viral/ Post Viral / Fungal / Parasitic / H. Pylori / None / Other -	
60	<u>OTHER</u>		
61	NOW BE	MIND: NOW / Past / Future - BE / Unable;	
62		BODY: NOW / Past / Future - BE / Unable;	
63		SOUL: NOW / Past / Future - BE / Unable;	
64	BUC	Benefit L _____ / 10; Understanding L _____ / 10; Clarity L _____ / 10	
65			
66	ADDITIONAL NOTES:		
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72	FOLLOWUP NEXT:		
73	AVOID:		
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	A	B	C
75	TPC PREP - 1 / 2 / 3	CLIENT:	Page 3
76	TEXP PREP - 4 / 5 / 6 / 7 / 8 / 9		
77	DATE:		
78	NOTE: Pen: PREP 1 BLUE - PREP 2 GREEN - PREP 3 PURPLE - PREP 4 RED Red = a Condition to be cleared		
79	Test:	Treat:	Turn:
80	Connectedness:- Level	Global / Uni / Ext / Int	
81	Consciousness:- Grouping	G3 / G2 / G1 / Void / PG (Parental Guidance)	
82	Condition	1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9	
83	Polarity	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
84	Emotion (Overall)	Int / Ext / Uni	
85	Emotion (Mind)	Int / Ext / Uni	
86	Chakra	1. Earth / 2. Base / 3. Sacral / 4. Solar Plexus / 5. Heart 6. Throat / 7. Third Eye / 8. Crown / 9. Point of Halo	
87	FOGS	1. FOG / 2. Deep / 3. MUD / 4. Destructive / 5. 5th Element – L/R 6. Void of Golden Thread / 7. Outer / 8. Seed / 9. Eternity	
88	FOG Emotions	Int / Ext / Uni	
89	PAIN	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
90	UP (Ultimate Permission) Test One Per Line PREP 1 Testing Only	L _____ / 10 - Mind / Body / Soul - Ability / Choosing / Timing - Adjustment / Connection / Sustaining - Experience / Pride / Achievement	
91	Energy	MIND: _____ /10 BODY: _____ /10 SOUL: _____ /10	
92	Keys	L _____ / 10 (anxiety) ; R _____ /10 (depressed state)	
93	PTS (post trauma)	L _____ / 10 POD:	
94	Resilience to Stress	L _____ / 10	
95	Happiness	L _____ / 10	
96	Overall Process	BODY FUNCTION:-	
97	Overall:- Stage & Pillar	STAGE _____ PILLAR _____ M / B / S	
98	Review Journey Journal & Explain / Test Lifestyle Guide	1. Whole real foods / 2. Eliminate coffee / 3. Eliminate alcohol / 4. Eliminate gluten & dairy / 5. Control addictions / 6. Water / 7. Movement / 8. Breathing / 9. Sleep	
99	FIX-IT-LIST Priorities		
100	- Priority 1		
101			
102	- Priority 2		
103			
104	- Priority 3		
105			
106	- Priority 4		
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108	- Priority 5		
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114	FOGS		
115	1. FOG -	Stress (INT / EXT / UNI)	
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117	3. MUD -	Disconnect (INT / EXT / UNI)	
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120	6. Void of Golden Thread -	Block (INT / EXT / UNI)	
121	7. Outer / Beyond -	Negativity (INT / EXT / UNI)	
122	8. Seed -	Illusion (INT / EXT / UNI)	
123	9. Eternity -	Limbo (INT / EXT / UNI)	
124			
125	ADVANCED ADDITIONAL TESTING:		
126	<u>PROCESS / BODY FUNCTION</u>		
127	<u>STRUCTURE</u>		
128	<u>NEUROLOGICAL</u>		
129	<u>BIOCHEMICAL</u>		
130	Gut Sensitivity	L _____ / 10 - Gluten / Wheat / Dairy / Processed Sugars	
131		Caffeine / Processed Foods / Alcohol / None / Other -	
132	Toxicity & Pineal	Toxicity L _____ / 10; Pineal L _____ / 10;	
133	GIT & Systemic	Bacterial / Viral/ Post Viral / Fungal / Parasitic / H. Pylori / None / Other -	
134	<u>OTHER</u>		
135	NOW BE	MIND: NOW / Past / Future - BE / Unable;	
136		BODY: NOW / Past / Future - BE / Unable;	
137		SOUL: NOW / Past / Future - BE / Unable;	
138	BUC	Benefit L _____ / 10; Understanding L _____ / 10; Clarity L _____ / 10	
139			
140	ADDITIONAL NOTES:		
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146	FOLLOWUP NEXT:		
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149	TPC PREP - 1 / 2 / 3	CLIENT:	Page 5
150	TEXP PREP - 4 / 5 / 6 / 7 / 8 / 9		
151	DATE:		
152	NOTE: Pen: PREP 1 BLUE - PREP 2 GREEN - PREP 3 PURPLE - PREP 4 RED Red = a Condition to be cleared		
153	Test:	Treat:	Turn:
154	Connectedness:- Level	Global / Uni / Ext / Int	
155	Consciousness:- Grouping	G3 / G2 / G1 / Void / PG (Parental Guidance)	
156	Condition	1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9	
157	Polarity	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
158	Emotion (Overall)	Int / Ext / Uni	
159	Emotion (Mind)	Int / Ext / Uni	
160	Chakra	1. Earth / 2. Base / 3. Sacral / 4. Solar Plexus / 5. Heart 6. Throat / 7. Third Eye / 8. Crown / 9. Point of Halo	
161	FOGS	1. FOG / 2. Deep / 3. MUD / 4. Destructive / 5. 5th Element – L/R 6. Void of Golden Thread / 7. Outer / 8. Seed / 9. Eternity	
162	FOG Emotions	Int / Ext / Uni	
163	PAIN	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
164	UP (Ultimate Permission) Test One Per Line PREP 1 Testing Only	L _____ / 10 - Mind / Body / Soul - Ability / Choosing / Timing - Adjustment / Connection / Sustaining - Experience / Pride / Achievement	
165	Energy	MIND: _____/10 BODY: _____/10 SOUL: _____/10	
166	Keys	L _____ / 10 (anxiety) ; R _____ /10 (depressed state)	
167	PTS (post trauma)	L _____ / 10 POD:	
168	Resilience to Stress	L _____ / 10	
169	Happiness	L _____ / 10	
170	Overall Process	BODY FUNCTION:-	
171	Overall:- Stage & Pillar	STAGE _____ PILLAR _____ M / B / S	
172	Review Journey Journal & Explain / Test Lifestyle Guide	1. Whole real foods / 2. Eliminate coffee / 3. Eliminate alcohol / 4. Eliminate gluten & dairy / 5. Control addictions / 6. Water / 7. Movement / 8. Breathing / 9. Sleep	
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204	Gut Sensitivity	L _____ / 10 - Gluten / Wheat / Dairy / Processed Sugars	
205		Caffeine / Processed Foods / Alcohol / None / Other -	
206	Toxicity & Pineal	Toxicity L _____ / 10; Pineal L _____ / 10;	
207	GIT & Systemic	Bacterial / Viral/ Post Viral / Fungal / Parasitic / H. Pylori / None / Other -	
208	<u>OTHER</u>		
209	NOW BE	MIND: NOW / Past / Future - BE / Unable;	
210		BODY: NOW / Past / Future - BE / Unable;	
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212	BUC	Benefit L _____ / 10; Understanding L _____ / 10; Clarity L _____ / 10	
213			
214	ADDITIONAL NOTES:		
215			
216			
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219			
220	FOLLOWUP NEXT:		
221	AVOID:		
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223	TPC PREP - 1 / 2 / 3	CLIENT:	Page 7
224	TEXP PREP - 4 / 5 / 6 / 7 / 8 / 9		
225	DATE:		
226	NOTE: Pen: PREP 1 BLUE - PREP 2 GREEN - PREP 3 PURPLE - PREP 4 RED Red = a Condition to be cleared		
227	Test:	Treat:	Turn:
228	Connectedness:- Level	Global / Uni / Ext / Int	
229	Consciousness:- Grouping	G3 / G2 / G1 / Void / PG (Parental Guidance)	
230	Condition	1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9	
231	Polarity	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
232	Emotion (Overall)	Int / Ext / Uni	
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297	TPC PREP - 1 / 2 / 3	CLIENT:	Page 9
298	TEXP PREP - 4 / 5 / 6 / 7 / 8 / 9		
299	DATE:		
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301	Test:	Treat:	Turn:
302	Connectedness:- Level	Global / Uni / Ext / Int	
303	Consciousness:- Grouping	G3 / G2 / G1 / Void / PG (Parental Guidance)	
304	Condition	1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9	
305	Polarity	MIND: COND _____ BODY: COND _____ SOUL: COND _____	
306	Emotion (Overall)	Int / Ext / Uni	
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308	Chakra	1. Earth / 2. Base / 3. Sacral / 4. Solar Plexus / 5. Heart 6. Throat / 7. Third Eye / 8. Crown / 9. Point of Halo	
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