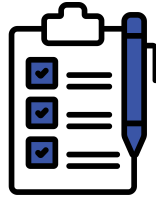# Example Self-Assessment (B1 Level)

Goal

Use this PDF as an example to get an idea of how to assess a B1 level in your target language.

Learner Background

Student Name   Anthony

Native Language   English

Target Language   Spanish

Prior learning experience   1.5 years

Level Assessment

LISTENING

What am I currently able to do when it comes to LISTENING?

Anthony's answer

I started practicing listening through two beginner resources. After that, I've used podcasts with transcripts, and YouTube videos with subtitles. I can now understand the gist of what I hear on a variety of topics, so long as the speaker speaks clearly and I have a transcript and/or subtitles to follow along with.

Corresponding level B1

📖 READING

What am I currently able to do when it comes to READING?

Anthony's answer

I can easily read texts created for learners, and can also easily read transcripts of simple podcasts. I tend to struggle with materials that are intended for native speakers, like articles from Wikipedia, or online news texts. I also do okay with graded readers, but I'm totally unable to handle anything more complex, like novels.

Corresponding level B1

👄 SPEAKING

What am I currently able to do when it comes to SPOKEN INTERACTION?

Anthony's answer

I meet once a week with my online Spanish tutor. In general, our conversations revolve around topics of my choosing. I still don't feel super confident when speaking, but I am at least able to hold basic conversations without too much trouble. So far, I haven't had much practice speaking with people I meet in my daily life.

Corresponding level B1

What am I currently able to do when it comes to SPOKEN PRODUCTION?

Anthony's answer

When I speak with my tutor, my speech is not super fluent; I struggle to express certain ideas and often find that I am missing specific words I need in order to convey my thoughts. When this happens, I usually stop and ask my tutor for help. However, when talking about most everyday topics, I find that I'm able to get my point across with little difficulty.

Corresponding level A2-B1

 WRITING

What am I currently able to do when it comes to WRITING?

Anthony's answer
I'm able to exchange brief text messages with native speakers I meet on a language exchange app, but I struggle when I need to write anything longer than a sentence or two at a time.

Corresponding level A2

OVERALL LEVEL ASSESSMENT

By consulting the CEFR assessment grids, Anthony comes to the conclusion that his **reading**, **listening** and **speaking** skills are at a **B1 level**, whereas his **writing** is lagging behind a bit at the **A2 level**. Overall, he determines that his skills are around a **B1 level**.