

From School Refusal to School Re-Engagement

Module #1: School Refusal Basics

- 1. What is School Refusal?
 - When you think of school refusal, what do you think about?
- 2. What are the 5 contextual factors impacting School Refusal?
 - What factors outside of school have you seen impact a student's attendance patterns?
- 3. How is Truancy different from School Refusal behavior?
 - What does it mean for a student to be Truant to you?
- 4. What are the common features of School Refusal?
 - When you have a student struggling with attendance what have you seen and heard (from family and staff)?
- 5. Who does this behavior impact?
 - Is there a profile or pattern within your buildings around who is most often absent?

Module #2: Assessment: Defining the Behavior

- 1. How do we define behavior?
 - Do the teams you work on talk about behavior in a measurable and observable way?
- 2. How do we define the environment impacting the behavior?
 - What are elements (internal or external) of the environment that you have seen overlooked for your current students?
- 3. What are additional contextual factors to consider for students struggling with school refusal?
 - How did you and your team talk about these factors impacting your students prior to this training, positive/negative, unsolvable/places for intervention?
- 4. What are effective methods of collecting data and examples of tools to do so?

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• Where has data collection helped or been lacking when you think of a student you've worked with struggling with school refusal?

Module #3: Assessment: Determining the Function

- 1. What are the four functions of behavior and the related four reasons for refusing school?
 - Can you think of a student you are supporting and link their behavior with one of these functions?
- 2. How can we use competing pathways when working with school refusal behavior and its replacement behavior school re-engagement?
 - Does your team use competing pathways to support structured analysis of functional components?
- 3. When determining the function of school refusal what is the challenging/target behavior and what is and replacement behavior?
 - How have you thought of challenging and replacement behavior in the past, did it have a focus on the replacement behavior?
- 4. What does the anxiety and avoidance cycle in relation to school refusal look like and how can we support its reversal?
 - What has been your experience with supporting your students in managing anxiety and flipping it to coping and self-confidence?
- 5. What can a gradual introduction to stressors hierarchy look like and how can it be used to support students with school re-engagement?
 - How have you heard gradual introduction to stressors hierarchy talked about in the school, home and clinic setting?

Module #4: Intervention: Tier 1 - For all Students

1. What must a tier one intervention enhance to have a positive impact on school attendance?

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- What do you think is missing from your current tier one interventions? What is effective?
- 2. What are the 9 areas of focus for tier one interventions?
 - How have you grouped interventions in the past, was it effective or confusing?
- 3. What constitutes a supportive school climate for students struggling with or developing school refusal behaviors?
 - Do you consider your school climate supportive to staff and students? What is supportive/what's missing?
- 4. Why are school-based mental health and social emotional tier one interventions instrumental in preventing school refusal?
 - Have you seen the impact of effective SEL and mental health services or not in your work?
- 5. What are the early warning signs of school refusal that schools can keep an eye out for?
 - What does your school/agency use to determine risk for the development of school refusal?

Module #5: Intervention: Tier 2 - For Small Groups of Students

- 1. Why is a multidisciplinary team important in supporting a student's struggling with school refusal?
 - What has your experience been teaming in support of a student struggling with school refusal?
- 2. How do we link tier two intervention with the right student groups for effective support?
 - How have you selected tier two interventions in the past? Was it effective?

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- 3. What are the 3 areas of focus for tier two interventions?
 - Do any of your current strategies fit within these areas?
- 4. What is student engagement?
 - Can you think of an example for both a student who is fully engaged in school and one who is not?
- 5. What are things to consider when determining your method of on-going data collection?
 - How has data collection informed your on-going adaptation of student support for school refusal?

Module #6: Intervention: Tier 3 - For Individual Students

- 1. What is important to consider when determining who should administer tier three interventions?
 - How do you determine who provides intervention to students at your school/agency?
- 2. What interventions can be used to support students at tier three based on the function of their behavior?
 - Was the function of a behavior talked about at your team meetings with considering tier three interventions?
- 3. What are the 4 areas of focus for their three interventions?
 - Where is your go to resource for finding tier three interventions?
- 4. How can we build on existing tier one and two interventions to support tier three interventions?
 - Does your team consider tier one and two interventions when looking at next steps for tier three interventions?

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- 5. What are things to consider when determining your method of on-going data collection?
 - How has data collection at tier three helped you and your team to determine next steps?

Module #7: Reviewing the Data: Where to Next?

- 1. What can we ask ourselves to assess fidelity and integrity?
 - Have you ever wondered if there was something missing from your or the team's implementation, or see an outside factor derail your best attempts?
- 2. What are the most common pitfalls that school teams can make?
 - Which one connects the most for you/your team?
- 3. When should the team consider reducing interventions for a student demonstrating school engagement?
 - What have you done in the past to help decide when interventions can be gradually removed?
- 4. What are relapses and slips and how do they differ?
 - How have you or your team responded to slips or relapses with past cases?
- 5. What are strategies for preventing relapse?
 - What is your experience with a team's response to relapses, that includes parents?

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