

*Francisca Nunes*



**FREE CLASS**

**CREATE A JOURNAL WITH THE PIECES THAT INSPIRE YOU**

# FRAGMENTS

**BRING WHAT INSPIRES YOU AND TURN INTO A BOOK**

## SUPPLIES LIST



[WWW.FRANCISCANUNES.COM](http://WWW.FRANCISCANUNES.COM)

# Supplies List

I encourage you to use what you have already. This is a class about using the fragments that inspire you and connect with your creative inner artist.

## Supplies I use in this class (Some are linked to Amazon.com)

- Cardboard (upcycled from an envelope)
- [Wood White glue](#)
- [Gesso](#)
- [White Clear Gesso](#)
- [Tim Holtz Distress Oxides Reinkers](#) (Vintage photo; worn lipstick; carved pumpkin)
- [Walnut ink, "Nogalina"](#)
- [Ranger Tim Holtz Distress Mini Ink Pad](#)
- [Masking tape](#)
- [Glue sticks](#)
- [Cotton thread](#)
- [Leather Sewing Awl with Wood Handle](#)
  
- **Papers**

Select the papers that inspire you. Go through your stash of papers and bits and bobs, ephemera, and fabrics. Gather those you feel more inspired by and those that for some reason connect. Look for different textures, lines, and colors.

You can visit my [Amazon storefront](#)\* to see all the supplies I used in this class

\*I have an amazon affiliate store, which means that if you purchase using my link I earn a small commission. Does not cost anything to you, but it supports me. I only share things I personally use and love.

# Hey there! I'm Francisca Nunes



I'm a mixed media artist, an explorer of the intuitive creative process. I love to share my creative process to help people unleash their creative Souls.

I found in Art a way to combine my passions: botany, nature, and art. Using nature, color, texture, collages, doodles, and marks I explore my creativity and share it with other creative souls, through online classes and in-person workshops, and art retreats.

I really believe that everyone is creative and that through Art Journaling and mixed media explorations we can unleash our inner voice without rules, judgments, or fears, in an intimate process of discovery of our own creative expression.

*Unleash your Creative Soul*

**Would love to keep in touch with you!**

[Join my Community and receive my weekly email news and updates!](#)

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