

Pit Crew Training Game Plan



By Strong Love Parenting, LLC © 2024

Step 1: Watch “Why should I help?”

Part 1: An Introduction to Early Childhood Trauma and Attachment

Part 2: Early Childhood Trauma & Relationships

Part 3: Resilience & Developmental Issues

Step 2: Watch “What can I do? Finding your place on the team”.

Step 3: Watch “How to Help Well”

Part 1: Passing the Child’s Tests

Part 2: Avoiding Triangulation

Part 3: Sending the Right Message

Step 4: Offer to fill a Pit Crew Role from the family’s personalized list of needs.

Optional Step 5: Schedule an individual or group video-conferencing session to discuss what you’re learning with an expert teacher of Strong Love Parenting.

Optional Step 6: Watch “Key Tasks for Interactive Respite Providers: Homework Time, Checking Chores, Activity Islands, and Calming Down” if you will be interacting with the children while the parents are otherwise occupied.

Optional Step 7: Watch “Academic Tutoring” if you will be a tutor.