ACE-SR: ACE Self-Report Rating Scale

ACE-SR is a rating scale that will ask you to provide information about your behaviour **over the last six months**.

Date of Completion:

Name:

Date of Birth:

Please complete the following questions by circling <u>one answer</u> only (*never, rarely, sometimes, often or don't know*) relating to your functioning or behaviour **over the last six months.**

Next, with reference to the rating you have provided (*never, rarely, sometimes or often*), please provide (a) specific examples of the behaviour, (b) how it impacts on your personal, social, educational and/or occupational activities, and (c) whether adjustments have to be made to manage or prevent any problems that arise.

Please provide as much information as possible, using a separate page if necessary.

P1: Over the last 6 MONTHS, have you failed to give close attention to details or made	Never	Rarely	Sometimes	Often
careless mistakes (e.g. difficulty concentrating on boring or repetitive tasks)?			DK	
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the behactivities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a		,	•	n your
P2: Over the last 6 MONTHS, have you failed to sustain attention in tasks or activities (e.g. maintaining your focus over a long period when concentrating on tasks)?	Never	Rarely	Sometimes DK	Often
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beha activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a		<i>'</i>	•	n your
P3: Over the last 6 MONTHS, did you not listen to what was being said to you (e.g. difficulty concentrating on what people say, even when speaking to you directly)?	Never	Rarely	Sometimes DK	Often
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the behactivities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a		-	•	n your
P4: Over the last 6 MONTHS, have you failed to follow through on instructions or finish tasks (e.g. not completing work, taking 'short-cuts' and missing things out)?	Never	Rarely	Sometimes DK	Often
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the behavior activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a	-		-	n your

P5: Over the last 6 MONTHS, have you struggled to organise tasks and activities (e.g. difficulty structuring and planning tasks on your own, missing deadlines)?	Never Rarely Sometimes Often DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beha activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a	
P6: Over the last 6 MONTHS, did you avoid or strongly dislike tasks requiring sustained mental effort (e.g. by delaying or reluctantly starting tasks that take a lot of thought)?	Never Rarely Sometimes Often DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beha activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a	
P7: Over the last 6 MONTHS, have you lost things necessary for certain tasks or activities	Never Rarely Sometimes Often
(e.g. misplaced or had difficulty finding things you need at home or school)?	DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beha activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a	
P8: Over the last 6 MONTHS, have you been easily distracted by things going on around	Never Rarely Sometimes Often
you (e.g. by noise or activities going on around you in the environment)?	DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beha activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a	

P9: Over the last 6 MONTHS, have you been forgetful in your daily activities (e.g. forgetting items you needed for activities, or things you must do)?	Never Rarely Sometimes Often DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent c	
P10: Over the last 6 MONTHS, did you fidget with your hands or feet or squirm about when sitting down (e.g. can't sit still, wriggling in your chair, fiddling with items)?	Never Rarely Sometimes Often DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent of	
P11: Over the last 6 MONTHS, have you left your seat in situations you are expected to	Never Rarely Sometimes Often DK
remain seated (e.g. in class at school, places of worship, on public transport)? With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent of	aviour, (b) how this impacts on your
activities and relationships at the present time and (c) whether adjustments have to be made to manage of prevent t	ny problems that anse.
P12: Over the last 6 MONTHS, have you been hyperactive (e.g. overly active, running about or climbing things without thinking about others or your own safety)?	Never Rarely Sometimes Often DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent of	

P13: Over the last 6 MONTHS, have you been very noisy and/or struggled to get on with	
	Never Rarely Sometimes Often DK
activities quietly (e.g. can't settle or play quietly, talked or shouted during quiet time)?	
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh	
activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent of	any problems that arise.
P14: Over the last 6 MONTHS, have you been persistently active and 'on the go' (e.g.	Never Rarely Sometimes Often
always rushing around, like a whirlwind, can't switch off)?	DK
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh	aviour, (b) how this impacts on your
activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent of	any problems that arise.
P15: Over the last 6 MONTHS, have you interrupted others when they were speaking	Never Rarely Sometimes Often
	Never Rarely Sometimes Often DK
(e.g. impatiently blurting out thoughts or answers, not waiting your turn to speak)?	DK
	DK aviour, (b) how this impacts on your
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P17: Over the last 6 MONTHS, have you interrupted or intruded on others (e.g. on	Never	Rarely	Sometimes DK	Often
conversations, private space or activities of others)?				
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a		-		your
			_	
P18: Over the last 6 MONTHS, have you talked excessively even when this was inappropriate (e.g. persistent chattering, without constraint, dominating conversation)?	Never	Rarely	Sometimes DK	Often
With reference to the rating you have given (never, rarely, sometimes or often), please (a) detail examples of the beh activities and relationships at the present time and (c) whether adjustments have to be made to manage or prevent a		,	,	your

Thank you for completing ACE-SR - please check you have completed the rating for each item (*never, rarely, sometimes, often or don't know*).