

THE GROWTH WORKSHOP

Your Personal Progress Plan



The righteous shall flourish like a palm tree,
He shall grow like a cedar in Lebanon.

Psalms 92:12 (New King James Version)

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Scriptures about Planning

For I know the plans I have for you, declares the Lord,
plans to prosper you and not to harm you,
plans to give you hope and a future.

Jeremiah 29:11
(New International Version)

Then the LORD answered me and said:
“Write the vision and make *it* plain on tablets,
That he may run who reads it.

Habakkuk 2:2
(New King James Version)

Good planning and hard work lead to prosperity,
but hasty shortcuts lead to poverty.

Proverbs 21:5
(New Living Translation)

May he give you the desire of your heart
and make all your plans succeed.

Psalms 20:4
(New International Version)

Commit to the Lord whatever you do,
and he will establish your plans.

Proverbs 16:3
(New International Version)

Quotes about Planning

Four Steps to Achievement:

“Plan Purposefully, Prepare Prayerfully,
Proceed Positively, Pursue Persistently”

- *William A Ward*

“Our goals can only be reached through a vehicle of a plan,
in which we must fervently believe,
and upon which we must vigorously act.
There is no other route to success.”

- *Pablo Picasso*

“Plan your work and Work your Plan”

- *Napoleon Hill*

“Someone’s sitting in the shade today because someone
planted a tree a long time ago.”

- *Warren Buffett*

“Always plan ahead, it wasn’t raining when Noah built the ark”

- *Richard Cushing*

THE FRAMEWORK

The 5Ps of a Personal Progress Plan

1. **Point in Question**

Recommended areas to have goals in - they include the 7Fs:

- I. Faith
- II. Family
- III. Finance
- IV. Fulfilment
- V. Food & Fitness
- VI. Friendships (Relationships)
- VII. Fun (Rest & Relaxation)

2. **Product**

The specific outcome* or result you want to achieve

3. **Process**

Give your goals a high chance of Success by using this acronym: **SMART**

S – Specific

M – Measurable

A – Action-oriented

R - Realistic

T – Time-bound

4. **Progress Tracking**

Tools & Templates to help you track your progress

5. Possible Changes

- I. Adjustment to current goals
- II. Addition of new goals
- III. Elimination of goals that are no longer relevant
(Prayerfully consider this last one)

THE FRAMEWORK: The 5Ps of a Personal Progress Plan

1. Point in Question: FAITH

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point in Question: FAMILY

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point in Question: FINANCE

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point of Question: FULFILMENT

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point of Question: FRIENDSHIPS (Relationships)

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point of Question: FOOD & FITNESS

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

1. Point of Question: FUN (Rest & Relaxation)

2. Product

3. Process

4. Progress Tracker: UPDATE

5. Possible Changes

*How Can We Help You Further:
Achieve Your Goals,
Fulfil Purpose,
and
Become ALL that God has Created You to Be?*

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