## SADDLEBACK NOTES

### **RELATING TO HUMANS, PART 3**

Relating to Destructive Humans Pastor Andy Wood November 19-20, 2022

How do I handle a relationship with a destructive person?

Transformed people transform their relationships.

TWO BIG QUESTIONS TO ASI	<b>&lt;</b>	
What's the best path for my safety and	?	
2. What's the best path for healing in the relationship?		
FOUR DIFFERENT RESPONSE	S	
1. Remove or Limit access		
2. Rebuild trust		
3. Reconcile connection		
4. Release		
FORGIVENESS IS NOT		
1. Trusting again		
2. Reconciling connection		
"Do all that you can to live in peace with everyone."	Romans 12:18 (NLT)	
3. Excusing the hurt		
FORGIVENESS IS		
1. An event and a?		
2. The quickest way out of bitterness and into healing		
3. Only possible with God's	and God's help	

### SADDLEBACK NOTES

#### **UNFORGIVENESS IS ...**

- 1. A prison that punishes your soul
- 2. A poison that destroys your relationships

"Work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord. Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many."

Hebrews 12:14-15 (NLT)

3. A personal to the mercy of God

"Then Peter came to him and asked, 'Lord, how often should I forgive someone who sins against me? Seven times?' 'No, not seven times,' Jesus replied, 'but seventy times seven! Therefore, the Kingdom of Heaven can be compared to a king who decided to bring his accounts up to date with servants who had borrowed money from him. In the process, one of his debtors was brought in who owed him millions of dollars. He couldn't pay, so his master ordered that he be sold—along with his wife, his children, and everything he owned—to pay the debt. But the man fell down before his master and begged him, 'Please, be patient with me, and I will pay it all.' Then his master was filled with pity for him, and he released him and forgave his debt. But when the man left the king, he went to a fellow servant who owed him a few thousand dollars. He grabbed him by the throat and demanded instant payment. His fellow servant fell down before him and begged for a little more time. 'Be patient with me, and I will pay it,' he pleaded. But his creditor wouldn't wait. He had the man arrested and put in prison until the debt could be paid in full. When some of the other servants saw this, they were very upset. They went to the king and told him everything that had happened. Then the king called in the man he had forgiven and said, 'You evil servant! I forgave you that tremendous debt because you pleaded with me. Shouldn't you have mercy on your fellow servant, just as I had mercy on you?' Then the angry king sent the man to prison to be tortured until he had paid his entire debt. That's what my heavenly Father will do to you if you refuse to forgive vour brothers and sisters from your heart." Matthew 18:21-35 (NLT)

1. health 2. forgiveness 3. process 4. mercy 5. affront

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## SADDLEBACK NOTES

# 與人交往(三)

與具破壞性的人交往 胡安迪牧師 2022 年 11 月 19-20 日

如何面對生命中「具破壞性的人」?

被轉化的人,轉化他們的人際關係	
兩個重要問題	
1. 對我的安全和	的最佳途徑是甚麼?
2. 關係中的最佳醫治途徑是甚麼?	
四種不同的反應	
1. 減少接觸	
2. 重建信任	
3. 復和聯繫	
4. 釋出	
寬恕「不是」	
1. 再次信任	
2. 復和關係	
「也要竭盡全力跟每個人和平相處。」	羅馬書 12:18 (新普及譯本
3. 為傷害找藉口	
寬恕「是」	
1. 一個事件和一個	
2. 走出怨恨、進入醫治的最快途徑	
3. 只有在上帝的	和幫助下才有可能

# SADDLEBACK NOTES

### 「不寬恕」是...

#### 1. 一個懲罰人類心靈的監獄

#### 2. 破壞你人際關係的毒藥

「你們要盡力跟每個人和睦相處‧盡力追求過聖潔的生活‧因為不聖潔的人不能見主。你們要彼此看顧‧免得有人得不到上帝的恩典。要留心不要讓苦澀的毒根長起來滋擾你們‧敗壞許多人。」 希伯來書 12:14-15 (新普及譯本)

### 3. 個人對上帝憐憫的

「彼得來問耶穌:『主啊·如果有人得罪了我·我該原諒他多少次?七次夠了嗎?』耶穌回答:『不·不是七次·是七十個七次!因此·天國可以比作一個國王·要跟向他借了錢的僕人結算賬目。正在結算的時候·一個欠他幾千萬元的人被帶進來。他沒有能力還債·主人就下令把他連同他的妻子、兒女和他所有的一切都賣了還債。那僕人跪在主人面前·哀求說:『求你寬限我吧!我一定會還清的。』主人可憐他·就免了他的債·把他放了。可是那人離開國王後·就去找另一個僕人·那同伴欠了他幾千塊錢。他掐住那同伴的喉嚨·要他馬上還錢。他的同伴跪在他面前·求他寬限一些時間:『求你寬限我吧!我一定會還的。』這個債主卻不肯,竟然把他抓起來關進監牢·要等到他還清欠債為止。其他僕人看到這個情況·心裏非常難過·向國王報告了這一切。國王就把那個被他免去債務的僕人召來·說:『你這惡奴才!你哀求我·我就免去你的巨債;難道你不該像我憐憫你一樣·去憐憫你的同伴嗎?』國王很生氣·便把那人關進監牢折磨他·直到他還清所有欠債為止。如果你們拒絕從心底裏寬恕你們的弟兄姊妹·我的天父也要這樣對待你們。』」

1. 健康 2. 寬恕 3. 過程 4. 憐憫 5. 冒犯